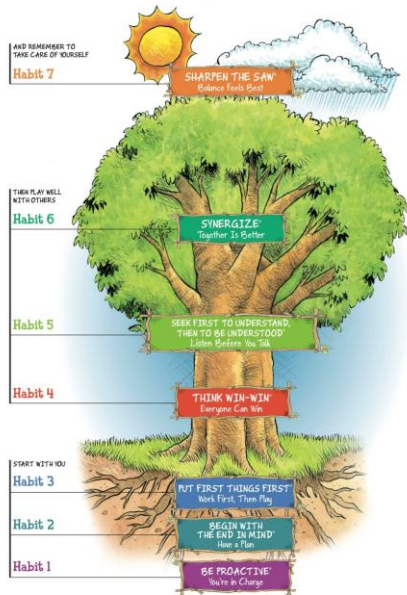


What is the “Leader in Me?”

The Leader in Me is a school-wide leadership development process of taking the 7 Habits and integrating them into our school culture to support students in becoming responsible, confident people.

What are the 7 Habits?

The 7 Habits' Tree



How can we incorporate the 7 Habits at home?

Be Proactive: put toys away without mom or dad asking; brushing teeth independently; helping make a grocery list; using words to express feelings and frustrations

Begin with the End in Mind: set personal goals and academic goals and create a plan to achieve those goals; learn how to tie shoes

Put First Things First: clean up room before playing outside; do what mom and dad ask the first time

Think Win-Win: be positive; talk about what upsets us after we calm down

Seek First to Understand and then to be Understood: listen to what others are saying before you speak; follow directions

Synergize: work together on different tasks to make things easier; help to make breakfast and clean the house

Sharpen the Saw: do things you love; eat healthy; exercise; play outside; turn off the TV and play a game as a family; movie night

Vineyard Ranch Elementary

A “Leader in Me” School





The “Leader in Me”
has been shown to:

- improve academic achievement
- improve school culture
- decrease disciplinary issues
- increase engagement among teachers and parents
- create a common language for parents, students, and teachers
- increase self-confidence and responsibility in students

The 7 Habits of Happy Kids

At Vineyard Ranch, we are creating a culture of leadership based upon the 7 Habits. Some ways our students exhibit the habits at school are listed below.

- Be Proactive – takes pride in making good grades; controls behavior; makes good choices; takes initiative to do things without being asked; cleaning up when asked the first time
- Begin with the End in Mind – sets goals and works hard to reach them; organizes things and information; expresses the 7 Habits with others in speech and writing
- Put First Things First – completes and turns in homework regularly; stays on task in class
- Think Win-Win-resolves problems with schoolmates; cooperates with the teacher and has less discipline issues; waits for his/her turn
- Seek First to Understand, Then to be Understood – listens to the teacher; shows kindness to others; waits to speak and does not interrupt others
- Synergize – works well in groups
- Sharpen the Saw – displays self-confidence and willingness to better self; seeks out ways to be a leader