Eighty percent of teens age 15-18 believe their friends share too much online.

**Unjumble to find the hidden words**

1. naumsyono
2. yotrptesee
3. nultiaaemp
4. nreeestpr
5. orsanpe
6. isceth

**WHAT DO YOU THINK?**

What are some of your responsibilities to yourself, your friends and family, and your community when you’re online? What happens when you don’t fulfill your responsibilities as a digital citizen?

**Family Activity**

Different challenges were circulating around Thom and Mia’s school. Last month it had been a “cold water challenge”: Pour freezing cold water on yourself and have someone film your reaction. The latest — the “cinnamon challenge” — involved people trying to eat a spoonful of cinnamon while filming themselves; the point was to see if it made you throw up. Mia thought the challenges were stupid, but Thom kept asking her to film him doing them. She didn’t think it was a good idea, but she didn’t really know what to say to try to convince Thom. “It’s funny!” he kept telling her. Plus, an older kid on his basketball team had tagged him in his challenge video, meaning that Thom had already been unofficially challenged to go next.

**Think Out Loud!**

- What is your immediate reaction to this situation? What seems realistic or unrealistic?
- What might be the benefit to Thom of participating in the challenge?
- What might be the drawbacks of participating in the challenge?
- What do you think of Mia’s concern about taping Thom? What would you do if you were in Mia’s position?
- Have you ever seen any challenges going around on social media? Can you think of an example of challenge that was safe and fun, versus one that was risky?

**Common Sense Says ...**

Remember that everything said through technology is PERSISTENT, which means that it doesn’t go away. Every single quick text or instant message you send has the potential to be found by someone else or to resurface days, months, or years into the future. Even if you delete it from your device, you can’t be sure it’s really gone. Think about whether there are certain comments you never want to make, conversations you never want to have, or certain kinds of pictures you never want to share publicly. Use these decisions to inform your personal online code.