Human sexuality and abstinence education shall be taught by the
certified to teach health instructors and the Principles of Health Science
Teachers under the direction of the Director for Physical Education,
Health and Athletics.

Only materials approved by the Board of Trustees may be used in the
instruction of human sexuality and abstinence education.

The School Health Advisory Council, appointed by the Board of
Trustees, is composed of parents, administrators, staff members, and
community representatives.

The School Health Advisory Council will act in accordance with EHAA
(Legal), EHAA (Local), and EHAA (R).

The School Health Advisory Council assists the District in ensuring that
local community values are reflected in the District’s health education
curriculum and instruction. It is chaired by a parent and meets at regular
intervals. The Director for Physical Education, Health and Athletics
serves as the District School Health Advisory Council facilitator.

Parental notification and permission for student instruction of human
sexuality and abstinence education must be completed and documented
before a student may participate in human sexuality and abstinence
education instruction.

Permission letters will be sent home with the student prior to the first
class session of the human sexuality and abstinence education
program. The letter will outline course content, dates of instruction and
dates for parent preview. The letter will request parent/guardian written
permission regarding their student’s participation in the human sexuality
and abstinence education program.

Alternate assignments will be provided by the teacher for those students
who are unable to participate in the program. The student will not be
penalized for opting out of the program.

At least 2 opportunities will be offered per semester for parents to
preview the human sexuality and abstinence education curriculum
materials prior to the start of the student class sessions.

Abstinence and the benefits of abstinence shall be stressed in each unit
taught. All classes are to be taught from the abstinence perspective and
present abstinence from sexual activity as the preferred choice of
behavior in a relationship to all sexual activity for unmarried persons of
school age.
All questions shall be answered with factual, scientific information. Any question related to a religious or moral issue shall be referred to the parents.

Instructors should be sensitive to differences in culture, religion, race, gender and sexual orientation. Homosexuality, abortion, sexual deviation, and other controversial issues shall be deferred to the family and clergy.

**ELEMENTARY INSTRUCTION**

Curricula approved by the Board of Trustees are:
- 3rd Grade Parent/Guardian and Daughter Optional Session: *Always Changing, Always Growing*
- 4th Grade: *Let's Just Talk – For Girls*
- 4th Grade: *Let's Just Talk – For Boys*
- 5th Grade: *We’re Just Talking – For Boys and Girls*

4th and 5th grade instruction shall occur in single-gender settings.

The school nurse will provide the parent permission letters to be sent home by the classroom teachers, facilitate a parent-preview of the curriculum, and provide all instruction for grades 3-5. The video is also available for parents to preview from the campus nurses webpage.

**MIDDLE SCHOOL INSTRUCTION**

Curricula approved by the Board of Trustees are:
- 6th Grade: *Draw the Line, Respect the Line*
- 7th Grade: *Draw the Line, Respect the Line*
- 8th Grade: *Draw the Line, Respect the Line*

Instruction in grades 6-8 shall occur in mixed-gender settings. Class size shall not exceed the equivalent of two combined classes.

Students will receive instruction in the grade-appropriate curriculum.

The health and health-certified physical education teachers will provide the parent permission letters to be sent home, facilitate a parent-preview of the curriculum, and provide all instruction for grades 6-8 in either the health education course or physical education course.

When guest speakers are present, teachers must remain in the classroom to ensure district expectations are adhered.

**HIGH SCHOOL INSTRUCTION**

The curriculum approved by the Board of Trustees is:
- 9th – 12th Grades: *Big Decisions®: Making Healthy, Informed Choices about Sex*

Instruction should be in a mixed-gender, single classroom setting.

Instruction will occur in the Health, Health Lifestyles, and Principles of Health Science courses.
The instructors will provide the parent permission letters to be sent home, remind parents of parent-preview opportunities, and provide all instruction for grades 9-12.

When guest speakers are present, teachers must remain in the classroom to ensure district expectations are adhered.

**PERSONS WITH AIDS SPEAKERS/PROGRAMS (PWA’S)**

All programs that include the use of persons with AIDS as speakers in the classroom shall be approved by the Director for Physical Education, Health, and Athletics.

All guidelines approved by the School Health Advisory Council and Executive Staff shall be followed.

**PHYSICAL EDUCATION**

The District will, as appropriate and depending on the course, accommodate or seek academic alternatives that ensure all Texas Essential Knowledge and Skills are met for the course for those students with medical limitations. Prior to any accommodation or academic alternative being implemented, the student must provide completed Restricted Physical Education Program Medical Information Forms from a treating physician. Please see EIF (R) for more details on particular courses.

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EHAA (R)