

CASTLE HILLS ELEMENTARY SCHOOL CLINIC

Elementary School Clinic Survival Guide for Parents



Pack a change of clothes, all grade levels

- Kids have all kinds of accidents from toileting to spilling drinks to sliding in mud
- Pack an extra change of clothes in your student's backpack and you can avoid a run to school if their clothes become soiled
- Put them in a ziploc baggy or plastic bag and the soiled clothes will be transferred into it for transport home

We will call you as infrequently as possible, but we will call you.

We respect your time and need to work. There are times, however, when we need to alert you of an illness, injury, or emergency.

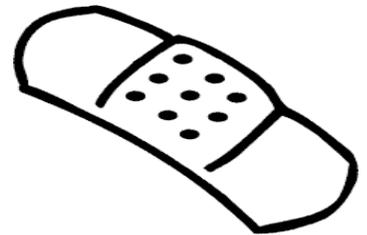


Some of the reasons we **WILL** call you:

- Fever (100+degrees)
- Head bumps (even little ones)
- Major vomiting
- Contagious symptoms
- Needing a change of clothes
- Injuries that leave marks
- Any condition requiring a physician
- Any emergency

Some of the reasons we **WILL NOT** likely call you:

- Small cuts and scratches
- Minor or single vomiting episodes
- Minor bug bites
- Sore throats without other symptoms
- Twisted ankles (minor)
- Minor nosebleeds

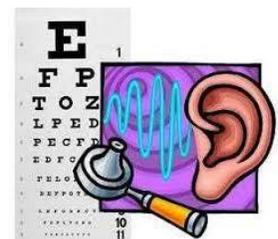


Picking up your students from the clinic: **Have a Plan B!**

- Sometimes things happen that will require your student to go home or to the physician. In these cases, prompt retrieval (within 30 minutes) of your student is expected and required.
- Plan B: a plan for someone other than you who will be available to retrieve your student when you are unavailable to do so.
- Please make sure your emergency contacts are up-to-date and that you have a trusted friend or family member among them.

Vision and Hearing screening

- Vision and hearing are screened in pre-K, Kindergarten, 1st, 3rd, and 5th grades
- If your student fails either screen, you will be notified and referred to further testing from a physician
- These screens help us catch hearing and vision issues at a young age so we can correct preventable educational challenges before they become an issue.



Medications at School

Students are **NOT** allowed to carry any prescription or over-the-counter medication(s) on them or in their belongings at any time.

This includes eye drops, ear drops, cough drops, medicated lip balm, or medicated lotion/cream (plain lip balms or lotions are fine).

A doctor's order is required in order for the clinic to administer any medication to your student. An exception would be a short-term parent form completed and signed by the parent (good for 10 school days only). Even with orders, you or another delegated adult must bring the medication to the clinic personally and pick it up at the end of the school year.

Please review the Health Services website on www.neisd.net for medication policies, Student Parent Handbook, and community resources.