

# LET'S GET ACTIVE!

- Build an obstacle course
- Make up a dance and teach a family member
- Play tag outside
- Play hopscotch (use sidewalk chalk to make the grid)
- [Take a virtual PE class](#)
- Play a sport outside
- Make up a new game using a ball and another item
- [Have an egg and spoon race](#)
- Go on a scooter ride
- Have a hula hoop contest
- Have a jump rope competition
- [Take a Yoga class](#)

# AROUND THE HOUSE FUN

- Create a time capsule
- Clean out old toys to donate
- FaceTime a relative or friend
- Do a load of laundry (wash, dry, & fold)
- Learn to Vacuum
- Pull weeds from the garden
- Learn to sweep & mop the kitchen floor
- Become the family mail carrier. Fetch the mail each day
- Make a schedule for who feeds your pet each day this week