



# JANUARY 2021

## STONE OAK ELEMENTARY & CANYON RIDGE ELEMENTARY

### FAMILY ENGAGEMENT CALENDAR



NEISD FAMILY ENGAGEMENT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4</p>	<p>5</p>	<p>6</p>	<p>7</p>	<p>8</p>
<p>11</p> <p>ESL Intermediate Class 9:00am</p>	<p>12</p> <p>Book Club 9:00am</p> <p>Club De Libro 10:30am</p> <p>Practical Parent Education 1:00pm</p> <p>Sow Healthy Gardening 3:30pm</p>	<p>13</p> <p>ESL General Class 10:00am</p> <p>Mommy &amp; Me 2:00pm</p>	<p>14</p> <p>Mommy &amp; Me 8:00am</p> <p>Behavioral Strategies 11:00am</p> <p>ESL Basic Class 12:30pm</p>	<p>15</p>
<p>18</p> <p style="background-color: yellow;">Martin Luther King / Student Holiday</p>	<p>19</p> <p>Book Club 9:00am</p> <p>Club De Libro 10:30am</p> <p>Practical Parent Education 1:00pm</p> <p>Sow Healthy Gardening 3:30pm</p>	<p>20</p> <p>ESL General Class 10:00am</p> <p>Health &amp; Human Services 10:00am</p> <p>Mommy &amp; Me 2:00pm</p>	<p>21</p> <p>Mommy &amp; Me 8:00am</p> <p>Behavioral Strategies 11:00am</p> <p>ESL Basic Class 12:30pm</p>	<p>22</p> <p>Virtual Painting Workshop 3:30pm</p>
<p>25</p> <p>ESL Intermediate Class 9:00am</p>	<p>26</p> <p>Book Club 9:00am</p> <p>Club De Libro 10:30am</p> <p>Practical Parent Education 1:00pm</p> <p>Sow Healthy Gardening 3:30pm</p>	<p>27</p> <p>ESL General Class 10:00am</p> <p>Health &amp; Human Services 10:00am</p> <p>Mommy &amp; Me 2:00pm</p>	<p>28</p> <p>Mommy &amp; Me 8:00am</p> <p>Negative Effects Of Video Games 10:00am</p> <p>ESL Basic Class 12:30pm</p>	<p>29</p> <p>Virtual Painting Workshop 9:30am</p>



FEB 2021 LOOKING AHEAD

Weekly: Mommy & Me

Weekly: ESL Class

Weekly: Book Club

Class Series: Health & Human Services



# JANUARY 2021

## STONE OAK ELEMENTARY & CANYON RIDGE ELEMENTARY

### CLASS DESCRIPTIONS



#### WEEKLY CLASSES

**ESL Basic Class:** Join us every Thursday from 12:30-1:30pm for Basic ESL Class via zoom. The class will focus on very basic English for beginners.

**ESL General Class:** Join us every Wednesday from 10-11am for General ESL Class via zoom. The class will focus on conversational English for beginners, intermediate, and advanced levels.

**ESL Intermediate Class:** Join us every Monday from 9-10am for Intermediate ESL Class via zoom. We will focus on everyday conversation, interests, and practice speaking with one another.

**Mommy & Me:** Provide a combined approach of interactive parenting workshops and delivery of rich parenting content at home so families can learn and practice parenting skills with their peers and build a strong home learning practice.

**Practical Parent Education:** Join us as we learn and participate in a virtual Practical Parent Education class, we hope that your involvement will provide a valuable growing experience for you as an individual and parent. The class will focus on strengthen families through education and validation in their efforts to raise strong, self-confident, mentally healthy children.

#### SERIES CLASSES

**Behavioral Strategies:** This 2-part workshop will be led by Ms. Katya Finta, Education Specialist at Any Baby Can and certified Special Education Teacher in Texas. We will learn to identify and define behaviors, to re-direct, and replace negative behavior, to reinforce positive behavior and resources in our community.

**Book Club & Club De Libro:** The 5 Love Languages book club will focus on learning the love language, learn your partners love language, and gain tools to learn how to focus on doing what really matters. Participants will receive a copy of the book and discuss findings in each chapter as a group.

**Health & Human Services:** 10-week series of classes that focus on Strengthening Families with parents and youth. You will learn how to resolve conflict and improve communication, improve your child's behavior problems, deal with complicated emotions, and learn about valuable community resources.

**Negative Effects Of Video Games:** Join us as we discuss what most experts have to say about the dangers of video gaming and what parents can do to help keep kids safe. Like most hobbies, playing video games can be safe in moderation. However, younger students who have not yet developed the ability to self-regulate their behavior need guidance and support to develop those skills.

**Sow Healthy Gardening:** A gardening adventure for children in grades 3<sup>rd</sup>-5<sup>th</sup> to learn how fruits, vegetables, and herbs grow! 8 class series, about growing their own food. There is limited space available for this class.

**Virtual Painting Workshop:** Painting serves as an emotional release for people who are under stress. It helps in stimulating the creative mind while relieving mental strain. Releasing anxiety through painting helps in lowering stress levels and improving overall mental health. Join us to our free virtual painting classes, Canvas, Brushes & Paint will also be provided when you RSVP.

#### **INFORMATION**

More sessions may be added later this month. For more information, please look for email links that will be sent out to our families or you can visit our website:

Canyon Ridge Elementary: <https://www.neisd.net/canyonridge/family>

Stone Oak Elementary: <https://www.neisd.net/stoneoak/family>

#### **CONTACT INFORMATION**

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