






FEBRUARY 2021

STONE OAK ELEMENTARY & CANYON RIDGE ELEMENTARY

FAMILY ENGAGEMENT CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
 19th Annual Family Engagement Training – Click here to view program.				
8	9	10	11	12
ESL Intermediate Class 9:00 AM Healthy Food, Healthy Families 1:00 PM	Book Club 9:00 AM Club De Libro 10:30AM Sow Healthy Gardening 3:30 PM	ESL General Class 10:00 AM Strengthening Families 10:00 AM ESL Conversational Class 12 PM	ESL Basic Class 12:30 PM Practical Parent Education 5:00 PM	
15	16	17	18	19
 ESL Intermediate Class 9:00 AM	Book Club 9:00 AM Club De Libro 10:30 AM Sow Healthy Gardening 3:30 PM	ESL General Class 10:00 AM Strengthening Families 10:00 AM ESL Conversational Class 12 PM	ESL Basic Class 12:30 PM	
22	23	24	25	26
ESL Intermediate Class 9:00 AM Healthy Food, Healthy Families 1:00 PM	Book Club 9:00 AM Club De Libro 10:30 AM Sow Healthy Gardening 3:30 PM	ESL General Class 10:00 AM Strengthening Families 10:00 AM ESL Conversational Class 12 PM Mommy & Me 2:00 PM	Mommy & Me 8:00 AM Negative Effects Of Video Games 10:00 AM ESL Basic Class 12:30 PM Practical Parent Education 5:00 PM	Virtual Painting Workshop 3:30 PM

MARCH 2021 LOOKING AHEAD
 Weekly: Book Club
 Weekly: ESL Classes
 Monthly: Virtual Painting Class
 Monthly: Practical Parent Education



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CLASS DESCRIPTIONS



WEEKLY CLASSES

Book Club & Club De Libro: The 5 Love Languages book club will focus on learning the love language, learn your partners love language, and gain tools to learn how to focus on doing what really matters. Participants will receive a copy of the book and discuss findings in each chapter as a group.

ESL Basic Class: Join us every Thursday from 12:30-1:30pm for Basic ESL Class via zoom. The class will focus on very basic English for beginners.

ESL Conversational Class: Join us every Wednesday from 12-1pm for Conversational ESL Class via zoom. Learn how to communicate in the workplace, neighborhood, or community.

ESL General Class: Join us every Wednesday from 10-11am for General ESL Class via zoom. The class will focus on conversational English for beginners, intermediate, and advanced levels.

ESL Intermediate Class: Join us every Monday from 9-10am for Intermediate ESL Class via zoom. We will focus on everyday conversation, interests, and practice speaking with one another.

Strengthening Families: 10-week series of classes that focus on Strengthening Families with parents and youth. You will learn how to resolve conflict and improve communication, improve your child's behavior problems, deal with complicated emotions, and learn about valuable community resources.

Sow Healthy Gardening: A gardening adventure for children in grades 3rd-5th to learn how fruits, vegetables, and herbs grow! 8 class series, about growing their own food. There is limited space available for this class.

MONTHLY CLASSES

Healthy Foods, Healthy Families: Join us in learning about Healthy Foods, Healthy Families which include topics like: "Healthy Eating on a Budget", "Shake the Salt Habit", "Reading the Food Label", "Get Started in Moving More" and much more! All sessions include hand out and healthy recipes, which will help participants reach their healthy lifestyle goals.

Mommy & Me: Provide a combined approach of interactive parenting workshops and delivery of rich parenting content at home so families can learn and practice parenting skills with their peers and build a strong home learning practice.

Practical Parent Education: Join us as we learn and participate in a virtual Practical Parent Education class, we hope that your involvement will provide a valuable growing experience for you as an individual and parent. The class will focus on strengthen families through education and validation in their efforts to raise strong, self-confident, mentally healthy children.

Virtual Painting Workshop: Painting serves as an emotional release for people who are under stress. It helps in stimulating the creative mind while relieving mental strain. Releasing anxiety through painting helps in lowering stress levels and improving overall mental health. Join us to our free virtual painting classes, Canvas, Brushes & Paint will also be provided when you RSVP.

INFORMATION

More sessions may be added later this month. For more information, please look for email links that will be sent out to our families or you can visit our website:

Canyon Ridge Elementary: <https://www.neisd.net/canyonridge/family>

Stone Oak Elementary: <https://www.neisd.net/stoneoak/family>

CONTACT INFORMATION

Family Specialist / Juan A. Velasquez: jvelas2@neisd.net

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(210) 407-7849 Office

Canyon Ridge Elementary 20522 Stone Oak Parkway, San Antonio, TX, 78258

(210) 407-1639 Office