Social Emotional Learning
Modeling Warmth & Compassion

Behavior
9% reduction in discipline referrals
10% reduction in emotional distress
fewer disruptive classroom behaviors
prevents and reduces bullying

Academic Achievement
Students receiving systematic SEL instruction showed an 11% increase in academic performance.
SEL increases student engagement and motivation to learn.

Lifelong Impact
SEL has long term benefits including higher education levels, better paying jobs, and healthier relationships at home and at work.

Career Readiness
SEL develops skills for college, career, and military readiness, such as complex problem solving, critical thinking, creativity, collaboration.

Climate & Connectedness
SEL improves school climate and increases connectedness. Students who feel connected to school have better attendance and are less likely to engage in substance abuse and other high risk behaviors.

Staff
Teacher turnover costs $7.3 billion dollars.
SEL reduces teacher stress and improves morale.

https://casel.org