

Frank Tejada Middle School

Emergency Action Plan

Emergency situations may arise at any time during athletic events. Expedient action must be taken in order to provide the best possible care to the sport participant of emergency and/or life threatening conditions. The development and implementation of an emergency plan will help ensure that the best care will be provided.

As emergencies may occur at any time and during any activity, all school activities workers must be prepared. Athletic organizations have a duty to develop an emergency plan that may be implemented immediately when necessary and to provide appropriate standards of emergency care to all sports participants. As athletic injuries may occur at any time and during any activity, the sports medicine team must be prepared. This preparation involves formulation of an emergency plan, proper coverage of events, maintenance of appropriate emergency equipment and supplies, utilization of appropriate emergency medical personnel, and continuing education in the area of emergency medicine and planning. Hopefully, through careful pre-participation physical screenings, adequate medical coverage, safe practice and training techniques and other safety avenues, some potential emergencies may be averted. However, accidents and injuries are inherent with sports participation, and proper preparation on the part of the sports medicine team should enable each emergency situation to be managed appropriately.

Emergency Team Roles

1. Immediate care of the athlete
2. Emergency equipment retrieval
3. Activation of Emergency Medical System
4. Direction of EMS to scene
5. Scene Control

Medical Chain of Command

The athletic training staff will always act as the primary care givers at the site of injury or accident (when on-site) and would manage the situation according to the following rank:

1. Team Physician
2. Head Athletic Trainer – Tim Moore (210) 378-6946
3. Assistant Athletic Trainer – Kim Foster (432) 664-3868

In the event that a licensed Athletic Trainer is not on site at the time of injury the following chain of command should be used:

1. Head Coach
2. Assistant Coach
3. NEISD personnel (police, nurse, teacher, etc.)
4. Fellow Student-Athlete / Student Trainer

The welfare of the injured athlete always comes first and foremost. Therefore, if immediate care in some form is vital, by no means should care wait to be undertaken until a licensed Athletic Trainer arrives on scene. Proceed as judgment dictates until help arrives.

If a severe medical emergency occurs while a licensed Athletic Trainer is not present, immediately call 911 to activate the emergency medical system, and then call the Head Athletic Trainer to notify of the situation.

Emergency Communication

Communication is the key to immediate delivery of appropriate healthcare in an athletic emergency situation. The athletic trainers, emergency medical personnel, and team physicians must work together to provide the best possible care to the student-athlete. Communication among all personnel prior to events will help establish roles and improve rapport. If emergency transportation is not available on site of an event, direct communication with the EMS is necessary. Immediate access to the EMS will be available by telephone, mobile telephone, or 2-way radio. All communication equipment may be checked prior to each event to ensure proper working order.

Activation of EMS – Call 911 (If calling from school phone dial 9-911)

1. Caller name, 2909 Evans Rd., caller's phone number
2. Number of athletes
3. Condition of athletes
4. Emergency first aid initiated
5. Specific directions to location
6. Other information as requested
7. Do not hang up unless told to do so by operator

Emergency Equipment

All emergency equipment will either be on site or quickly accessible. All athletic training personnel will be familiar with the operation and function of all equipment. Regular training will be provided to all athletic training personnel. Equipment will be checked on a regular basis and will be in good operating condition. All equipment will be cleaned, maintained, and stored in a controlled and readily available location.

Equipment

1. Spine Board
2. Vacuum Splints
3. Ice and wraps
4. Crutches
5. Sling
6. Immobilizer
7. Blood-Borne Pathogen Kit
8. Automated External Defibrillator (AED)*
9. Wound care supplies
10. Tarp

Transportation

An ambulance will be on site at high-risk events, such as football games and other special events. The Athletic Trainer will coordinate this. If an ambulance is not available at an event, athletic training personnel will have direct access to the EMS by appropriate communication equipment. In an emergency situation, the primary survey will identify the need for emergency intervention and transportation. All unstable student-athletes will be transported by EMS and not by inappropriate vehicles. This ensures that the student-athlete receives care by trained personnel with necessary equipment. An athletic trainer, when applicable, will accompany the student-athlete to the emergency room. If an athletic trainer is unable to go to the emergency room, the coach is responsible for going along. Care should be taken so that athletic training personnel will cover the event.

Soccer, Tennis, Track & Field, Football and Practice Fields

Emergency Personnel

CPR and First certified coaches and licensed / certified athletic trainer(s) and student athletic trainer(s) will be on site for practice and competition. Additional athletic training staff is available in the Johnson Athletic Training Room (210) 356-0583. Tim Moore (210) 378-6946, Kim Foster (432) 664-3868

Emergency Communication

Telephone line to the Johnson Athletic Training Room (210) 356-0583 or to Tejeda is 210356-5600 ext. 65655.

Emergency Equipment

Emergency equipment available in the Johnson Athletic Training Room and/or on site:

1. Spine Board
2. Vacuum Splints
3. Ice and wraps
4. Crutches
5. Sling
6. Immobilizer
7. Blood-Borne Pathogen Kit
8. Automated External Defibrillator (AED)
9. Wound care supplies
10. Tarp

Role of First Responders

1. Immediate care of the athlete
2. Emergency equipment retrieval
3. Activation of Emergency Medical System (911), if necessary
4. Direction of EMS to scene
5. Scene control

Emergency Information

1. Caller name, 2909 Evan Rd., caller's phone number
2. Number of athletes
3. Condition of athletes
4. Emergency first aid initiated
5. Specific directions to location
6. Other information as requested
7. Do not hang up unless told to do so by operator

Venue Directions

Primary Entrance: The fields are located on the North/Northwest end of Tejeda Middle School campus 2909 Evans Rd.

Entrance to the school:

1. Evans Road – Going west on Evans Rd. take the second entrance to Tejeda. There will be a sign that says to the athletic fields. Go all the way to be back. Going east on Evans Rd take the first left to the athletic fields. Go all the way to the back.

Secondary Entrance: The fields are located on the North/Northwest end of Tejeda Middle School campus 2909 Evans Road.

Main Entrance: 2909 Evans Rd. 78259

Entrance to the Football Field / Track / Gym via Main Entrance, From Evans Road, take an immediate right and follow the road around to the back of the school, by the tennis courts.

Tejeda Gymnasium: Volleyball, Basketball and Wrestling

Emergency Personnel

CPR and first aid certified coaches and Licensed / certified athletic trainer(s) and student athletic trainer(s) will be on site for practice and competition. Additional athletic training staff is available in the Johnson Athletic Training Room (210) 356-0583. Tim Moore (210) 378-6946, Kim Foster (432) 664-3868

Emergency Communication

Telephone line in Boys' Coaches' office (210) 356-5600ext. 65655, Girls' Coaches' office (210) 356-5600ext. 65656, and Johnson Athletic Training Room (210) 356-0583.

Emergency Equipment

Emergency equipment available in the Johnson Athletic Training Room and / or on site.

1. Spine Board
2. Vacuum Splints
3. Ice and wraps
4. Crutches
5. Sling
6. Immobilizer
7. Blood-Borne Pathogen Kit
8. Automated External Defibrillator (AED)
9. Wound care supplies
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Role of First Responders

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Emergency Information

1. Caller name, 2909 Evans Rd. caller's phone number
2. Number of athletes
3. Condition of athletes
4. Emergency first aid initiated
- 5.** Specific directions to location
6. Other information as requested
7. Do not hang up unless told to do so by operator

Venue Directions

Primary Entrance: The gymnasium located on the North end of Tejeda Middle School campus 2909 Evans Road.

Entrance to the school:

Evans Road – Going west on Evans Rd. take the second entrance to Tejeda. There will be a sign that says to the athletic fields and gym. Go all the way to the back. Going east on Evans Rd take the first left to the athletic fields and gym. Go all the way to the back.