**1st nine weeks**

**Locomotor skills:** walk, run, hop, gallop, leap, slide  
**Body Management:** balance  
**Manipulatives:** rolling, bouncing, & throwing  
**Rhythms/Dance:** steady beat, ribbons/streamers  
**Movement Concepts:** personal space, boundaries, start/stop, & levels of movement  
**Safety:** gym & playground rules, water, restroom, & emergency procedures  
**Social:** demonstrates elements of responsible behavior, uses equipment safely  
**Health & Body:** Identify major body parts

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**2nd nine weeks**

**Locomotor skills:** skip, chasing & fleeing  
**Body Management:** jumping/landing  
**Manipulatives:** catching & kicking  
**Rhythms/Dance:** individual jump rope  
**Movement Concepts:** pathways, speed/tempo, & directions  
**Safety:** equipment & climbing  
**Social:** demonstrates cooperation with a partner  
**Health & Body:** identify location/function of the heart

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**4th nine weeks**

**Locomotor Skills:** combinations of different skills performed at varying directions and speeds.  
**Body Management:** stunts & tumbling  
**Manipulatives:** demonstrate skills such as rolling, jumping, throwing, catching, & striking using correct body alignment.  
**Rhythms/Dance:** perform rhythmic activities keeping a steady beat  
**Movement Concepts:** demonstrate the ability to change directions & speed while maintaining balance (coordination)  
**Safety:** sun & water  
**Social:** displays elements of appropriate conflict resolution  
**Health & Body:** participates in activities that develop the fitness components

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**3rd nine weeks**

**Locomotor Skills:** combinations of different skills  
**Body Management:** weight transfer  
**Manipulatives:** striking w/short-handed implements  
**Rhythms/Dance:** keeping a steady beat while using manipulatives, introduce long jump rope  
**Movement Concepts:** Pacer Test  
**Safety:** bicycle  
**Social:** recognizes the benefits of cooperation & sharing  
**Health & Body:** understand the concept of pacing during cardiovascular activities