**NEISD Curbside Meal Packs:**
**Cooking & Heating Instructions**

**Breakfast Taquito**

**In the Oven**
1) Preheat oven to 350°F
2) Place frozen taquito on a sheet pan lined with parchment paper
3) Bake for 10-12 minutes if frozen, 7-9 minutes if thawed or until internal temperatures reaches at least 165°F

**In the Microwave**
1) Place on microwave safe plate & wrap in a damp paper towel
2) Heat for 30 seconds or until internal temperature reaches at least 165°F

**Mini Breakfast Waffles**

**In the Oven**
1) Preheat oven to 350°F
2) Place waffles on a sheet pan lined with parchment paper
3) Bake the waffles for 3-5 minutes or until internal temperatures reaches at least 135°F

**In the Microwave**
1) Place on microwave safe plate and heat for 35 seconds or until internal temperature reaches at least 135°F

**Packaged Burrito**

**In the Microwave**
1) Place on microwave safe plate in the sealed burrito wrapper
2) Heat for 1-2 minutes or until internal temperature reaches at least 165°F

**Mini Chicken Patty**

**In Oven**
1. Preheat oven to 425°F
2. Place frozen patty flat on a sheet pan lined with foil
3. Bake for 6-8 minutes or until internal temperatures reaches at least 165°F

**Green Beans**

**In the Microwave**
1) Place on a microwave safe plate or bowl
2) Cook for 40 seconds or until internal temperature reaches at least 135°F

**Pizza**

**In the oven**
1) Preheat oven to 350°F
2) Place pizza on a sheet pan lined with parchment paper
3) Cook for 5-7 minutes or until internal temperature reaches 135°F

**In the Microwave**
1) Place on microwave safe plate
2) Heat for 40 seconds or until internal temperature reaches 135°F

**Chicken Nuggets**

**In the oven**
1) Preheat oven to 325°F
2) Place chicken nuggets on a sheet pan lined with parchment paper
3) Cook for 10-12 minutes if frozen or 5-7 minutes if thawed or until internal temperature reaches 165°F

**In the Microwave**
1) Place on a microwave safe plate
1) Heat for 40 seconds or until internal temperature reaches 165°F

**Mashed Potatoes**

**In the Microwave**
1) Place on a microwave safe plate
2) Cook for 40 seconds or until internal temperature reaches at least 135°F

**Corn**

**In Microwave**
1) Place on microwave safe plate or bowl
2) Cook for 40 seconds or until internal temperature reaches at least 135°F

Please ensure that an internal temperature of at least 165°F is achieved for all cooked products prior to consuming

*This institution is an equal opportunity provider.*
Please ensure that an internal temperature of at least 165°F is achieved for all cooked products prior to consuming.

This institution is an equal opportunity provider.