# Pre-School Menu
## October Extended School Year

This institution is an equal opportunity provider. Menu subject to change.

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### Menu Choices:
- **Breakfast**
  - Yogurt OR Cereal
  - Juice & Milk
- **Lunch**
  - Entree
  - Fruit OR Juice
  - Veggie OR 1% White Milk

### Choice of Milk with Breakfast & Lunch:
- 1% White Milk
- Lactose Free
- Soy Milk

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yogurt OR Cereal Juice &amp; Milk</td>
<td>Fresh Blueberry Muffin OR Cereal Juice &amp; Milk</td>
<td>Biscuit w/ Jelly OR Cereal Fruit &amp; Milk</td>
<td>Mini Pancakes OR Cereal Juice &amp; Milk</td>
<td>Yogurt OR Cereal Juice &amp; Milk</td>
</tr>
<tr>
<td>Pork Street Tacos OR Double Stuffed Cheese Pizza</td>
<td>Chicken Nuggets OR Macaroni-n-Cheese Crispy Beef Tacos OR Toasted Cheese Sandwich</td>
<td>Sweet Asian Chicken OR Fried Rice OR WOW Sandwich OR Cheese Stick Plate</td>
<td>Harborman OR Pizza Stick OR Marinara Tater</td>
<td>Pizza Cheese Stick OR Marinara Tater</td>
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<td>Whole Kernel Corn Sliced Peaches</td>
<td>Crispy Carrots Orange Smiles</td>
<td>Pinto Beans Fruit Cocktail</td>
<td>Savory Green Peas Blueberries &amp; Cream</td>
<td>Tots Sliced Peas</td>
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**Celebrating National School Lunch Week: October 11-15th**

- In conjunction with USDA and NEISD School Nutrition Services, student meals are provided at no cost for the entire 2021-22 school year.
- Go to [SchoolCafe.com/NorthEastISD](http://SchoolCafe.com/NorthEastISD) or download the School Cafe App
- Access meal account balance information and menu information through School Cafe:
- NEISD School Nutrition Services web site [www.neisd.net](http://www.neisd.net)

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- Spaghetti & Meat Sauce OR Garlic Cheese Bread OR WOW Sandwich & Cheese Stick Plate
- Savory Green Peas Orange Smiles
- Pinto Beans Fresh Bananas
- French Toast Sticks OR Whole Kernel Corn
- Baked Beans Sliced Peaches

- WOW Sandwich OR Cheese Stick Plate
- Mini Waffles OR Cereal Juice & Milk
- Cheese Bagels OR Cereal Fruit & Milk
- BBQ Chicken OR Macaroni & Cheese
- Harborman OR Cheese Stick OR Marinara Tater

- Mashed Potatoes & Gravy Red Apple Slices
- Pepperoni Pizza OR Cheese Pizza
- Crispy Carrots Pinto Beans
- Garlic Cheese Mashed Potatoes Green Apple Slices
- Sweet Potato Fries Seedless Grapes

- Chicken Tender w/ Roll OR WOW Sandwich & Cheese Stick Plate
- Spaghetti & Meat Sauce OR Garlic Cheese Bread OR WOW Sandwich & Cheese Stick Plate
- Savory Green Peas Orange Smiles
- Pinto Beans Fresh Bananas
- French Toast Sticks OR Whole Kernel Corn
- Baked Beans Sliced Peaches

- WOW Sandwich OR Cheese Stick Plate
- Mini Waffles OR Cereal Juice & Milk
- Cheese Bagels OR Cereal Fruit & Milk
- BBQ Chicken OR Macaroni & Cheese
- Harborman OR Cheese Stick OR Marinara Tater

- Mashed Potatoes & Gravy Natural Applesauce
- Pepperoni Pizza OR Cheese Pizza
- Crispy Carrots Pinto Beans
- Garlic Cheese Mashed Potatoes Green Apple Slices
- Sweet Potato Fries Seedless Grapes

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