### MONDAY

**Meal Prices:**
- Full Price Secondary Breakfast: $1.10
- Reduced Price Student Breakfast: $.30
- Adults/Guests: $2.20
- Full Price Secondary Lunch: $2.60
- Reduced Price Student Lunch: $.40
- Adults/Guests: $3.40

Follow our department Facebook page for updates and healthy tips: facebook.com/NEISDSNS

#### 6
**Egg & Sausage Taquito or Nutrigrain Bar**
- Steak Fingers
- Homemade Roll
- Mashed Potatoes
- Raw Vegetable Medley w/Dip
- Sweet Peas
- Chilled Fruit Cocktail
- Fresh Apple
- Egg & Cheese Salad

#### 13
**Pancake & Sausage Wrap or Cinnamon Toast Bar**
- Boneless Chicken Bite
- BBQ or Buffalo Cornbread
- Cheesy Garlic Potatoes
- Mixed Green Salad w/Ranch
- Savory Spinach
- Chilled Fruit Cocktail
- Fresh Seedless Grapes
- Caesar Salad

#### 20
**French Toast Sticks or Warm Banana Muffin**
- Chicken Nuggets w/Cherry Cobbler
- Sweet Potato Fries
- Baby Carrots and Grape Tomatoes w/Dip
- Broccoli w/Cheese Sauce
- Chilled Sliced Peas
- Fresh Orange Smiles
- Egg & Cheese Salad

### TUESDAY

**Meal Prices:**
- Menu subject to change.
- Full Price Secondary Breakfast: $1.10
- Reduced Price Student Breakfast: $.30
- Adults/Guests: $2.20
- Full Price Secondary Lunch: $2.60
- Reduced Price Student Lunch: $.40
- Adults/Guests: $3.40

#### 7
**Cinnamon Dunkers or Glazed Donut Holes**
- Crispy Beef Tacos w/Spanish Rice
- Mexican Street Corn
- Red Bell Pepper and Baby Carrots w/Dip
- Black Eyed Pea Salad
- Chilled Diced Peaches
- Fresh Seedless Grapes
- Asian Chicken Salad

#### 14
**Dutch Waffle or Pop Tart**
- Chicken Fajita Tacos
- Topping: Avocado & Pico Black Bean Salad
- Baby Carrots and Grape Tomatoes w/Dip
- Taco Trimmings
- Fresh Pear
- Chilled Pineapple Tidbits
- Buffalo or BBQ Chicken Salad

#### 21
**Potato & Egg Taco or Nutrigrain Bar**
- Street Carnitas Tacos
- w/Crunchy Slaw
- Mexican Street Corn
- Cucumber Slices w/Chili Lime
- Peach & Pint Salad
- Fresh Watermelon
- Chilled Diced Peaches
- Crispy Chicken Salad

### WEDNESDAY

**Meal Prices:**
- Menu subject to change.
- Full Price Secondary Breakfast: $1.10
- Reduced Price Student Breakfast: $.30
- Adults/Guests: $2.20
- Full Price Secondary Lunch: $2.60
- Reduced Price Student Lunch: $.40
- Adults/Guests: $3.40

#### 1
**Fresh Biscuit and Sausage Patty or Banana Bread**
- Chicken Chalupas or Bean & Cheese Chalupas
- California Vegetables
- Baby Carrots and Grape Tomatoes w/Dip
- Chalupa Trimnings
- Chilled Applesauce
- Fresh Banana
- Chicken & Pepperoni Salad

#### 8
**Fresh Biscuit and Chicken Patty or Banana Bread**
- Beef & Cheese Nachos
- Cheese Nachos
- Scratch-Made Pinto Beans
- Crispy Carrots w/Dip
- Tossed Salad w/Ranch
- Strawberries & Cream
- Fresh Banana
- Tex Mex Salad

#### 15
**Fresh Beef & Chicken with Cheese on a Bun**
- Hand Rolled
- Cheese Empanadas w/ or w/o Chili & Spanish Rice
- Scratch-Made Pinto Beans
- Celery Sticks and Grape Tomatoes w/Dip
- Tossed Salad w/Ranch
- Chilled Sliced Peaches
- Sliced Apples
- Fresh Watermelon
- Chicken & Pepperoni Salad

### THURSDAY

**Meal Prices:**
- Menu subject to change.
- Full Price Secondary Breakfast: $1.10
- Reduced Price Student Breakfast: $.30
- Adults/Guests: $2.20
- Full Price Secondary Lunch: $2.60
- Reduced Price Student Lunch: $.40
- Adults/Guests: $3.40

#### 2
**Homemade Cinnamon Roll or Pop Tart**
- Burger Mania
- Spicy Hashbrowns
- Cucumber & Jicama Sticks
- Lettuce & Tomato Trimnings
- Orange Smiles
- Chilled Pineapple Tidbits
- Egg & Cheese Salad

#### 9
**Warm Cherry Muffin or Cinnamon Toast Bar**
- Roasted Turkey
- Homemade Roll
- Mashed Potatoes
- Celery Sticks and Crispy Carrots w/Dip
- Country Style Green Beans
- Fresh Orange Smiles
- Chilled Pineapple Tidbits
- Chicken & Pepperoni Salad

#### 16
**Homemade Cinnamon Roll or French Toast Bites**
- Top Your Tots
- Fresh Texas Toast
- Homemde Roll
- Steamed Broccoli
- Strawberries & Cream
- Fresh Orange Smiles
- Egg & Cheese Salad

### FRIDAY

**Meal Prices:**
- Menu subject to change.
- Full Price Secondary Breakfast: $1.10
- Reduced Price Student Breakfast: $.30
- Adults/Guests: $2.20
- Full Price Secondary Lunch: $2.60
- Reduced Price Student Lunch: $.40
- Adults/Guests: $3.40

#### 3
**Yogurt w/Cherries or Mini Pancake**
- Homemade Italian Meat Sauce
- or Marinara over Spaghetti
- Cheesy Garlic Bread
- Whole Kernel Corn
- Crispy Carrots w/Dip
- Country Style Green Beans
- Chilled Sliced Pears
- Fresh Watermelon
- Crispy Chicken Salad

#### 10
**Bean & Cheese Taco or Pop Tart**
- Hawaiian Pizza
- Cheese/Pepperoni Pizza
- Broccoli w/Cheese Sauce
- Honey Mc & Cheese
- Baked Beans
- Crispy Carrots w/Dip
- Country Style Green Beans
- Chilled Sliced Pears
- Fresh Watermelon
- Italian Salad

#### 17
**Chicken & Waffles or Nutrigrain Bar**
- Fish Sticks w/Mac & Cheese
- Scratch-Made Macaroni & Cheese Entree
- Baked Beans
- Crispy Carrots w/Dip
- Broccoli Salad
- Sliced Apples
- Chilled Pineapple Tidbits
- Asian Chicken Salad

#### 24
**Warm Cherry Muffin or Glazed Donut Holes**
- Meatlovers’ Pizza
- Cheese Pizza
- Savory Spinach
- Celery Sticks and Crispy Carrots w/Dip
- Broccoli Salad
- Sliced Apples
- Chilled Pineapple Tidbits
- Asian Chicken Salad

### MEMORIAL DAY

**Meal Prices:**
- Menu subject to change.
- Full Price Secondary Breakfast: $1.10
- Reduced Price Student Breakfast: $.30
- Adults/Guests: $2.20
- Full Price Secondary Lunch: $2.60
- Reduced Price Student Lunch: $.40
- Adults/Guests: $3.40

#### 4
**Manager’s Choice**
- Chicken Tenders w/Garlic Breadcrumb
- Sweet Potato Fries
- Savory Green Beans
- Manager's Choice Fruit
- Manager's Choice Vegetable
- Manager's Choice Entree Salad

#### 5
**Manager’s Choice**
- Beef & Cheese Nachos
- Cheese Nachos
- Scratch-Made Pinto Beans
- Manager’s Choice Fruit
- Manager’s Choice Vegetable
- Manager’s Choice Entree Salad

### WHEN THE SCHOOL YEAR ENDS

**Summer Meals Begin!**
Beginning June 1, to find a nearby meal site:
- Visit SummerFood.org
- Call 211
- Visit neisd.net for a list of NEISD locations
From The Grill

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spicy Chicken Sandwich</td>
<td>Breaded Chicken Sandwich</td>
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<td>Breaded Chicken Sandwich</td>
<td>Hamburger/ Cheeseburger</td>
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<tr>
<td>Hamburger/ Cheeseburger</td>
<td>Cheese/Pepperoni Pizza</td>
<td>Corn Dog</td>
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<tr>
<td>Chicken Tamale</td>
<td>Chicken Taquito</td>
<td>Fish Filet and Cheese Sandwich</td>
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<tr>
<td>Pizza Cheese Sticks w/Marinara</td>
<td>Bean &amp; Cheese Burrito</td>
<td>Pizza Cheese Sticks w/Marinara</td>
<td>Bean Dip, Cheese Dip and Tostitos Combo</td>
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<tr>
<td>Yogurt, Granola and Chips Combo</td>
<td>Sunbutter &amp; Jelly Sandwich w/Chips</td>
<td>Hummus, Cheese, Flatbread and Chips Combo</td>
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<tr>
<td>Hummus, Cheese, Flatbread and Chips Combo</td>
<td>Baked Chicken Wrap w/Chips</td>
<td>Spicy Chicken Wrap w/Chips</td>
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The Middle School Café offers Savory the Flavor and From the Grill. Lunch from both options include an entree with a grain choice plus a choice of one fruit, two vegetables and milk. A variety of meatless Grab & Go combos are also offered on all serving lines daily which include a choice of one fruit, two vegetables and milk. Farm Fresh Salads are offered on all serving lines daily which include a choice of one fruit, one vegetable and milk. Lunch includes a choice of skim white, chocolate, strawberry milk. Additional milk choices include low-fat white, lactose free white and chocolate low-fat soy milk. Students must select a minimum of one fruit or vegetable and two additional items with their lunch.

Student Lunch $2.60
Reduced Priced Lunch $.40
Adults/Guests Lunch $3.40

These Items Contain Pork:
- Ham Sub or Croissant
- Chicken & Pepperoni Salad
- Italian Chef Salad
- Pepperoni Pizza
- Pinto Beans

Meatless Entrees:
- Bean & Cheese Burrito
- Cheese Nachos
- Cheese Pizza
- Pizza Cheese Sticks
- Egg & Cheese Salad
- Hummus & Cheese Combo
- Yogurt & Granola Combo
- Bean Dip & Cheese Combo
- Sunbutter & Jelly Sandwich w/Chips

This institution is an equal opportunity provider.