**ANUAR**

### Monday
- Pancake Sausage Wrap OR Pick 2:
  - Cereal, Pop Tart, Yogurt, Fruit, Juice & Milk
  - Steak Fingers w/Roll Yogurt Combo
  - Egg & Cheese Protein Pack
- Mashed Potatoes & Gravy
  - Country Style Green Beans
  - Crispy Carrots
  - Fresh Apple OR Juicy Freeze

### Tuesday
- Fresh Blueberry Muffin and Sausage* OR Pick 2:
  - Cereal, Fresh Blueberry Muffin, Yogurt, Fruit, Juice & Milk
  - Pepperoni Pizza* Cheese Pizza Italian Salad* Nacho Box
  - WOW Sandwich Combo
- Savory Green Peas
  - Broccoli Salad
  - Cucumber Slices & Tajín
  - Orange Smiles OR Berry Cup

### Wednesday
- Chicken & Biscuit OR Pick 2:
  - Cereal, Pop Tart, Yogurt, Fruit, Juice & Milk
  - Frito Pie w/Cornbread
  - Chicken Chef Salad
  - Yogurt Combo
  - Egg & Cheese Protein Pack
  - Pinto Beans
  - Toasted Salad w/Ranch
  - Far Western
  - Fresh Banana OR Applesauce

### Thursday
- Cinnamon Cream Twist OR Pick 2:
  - Cereal, Nutrigrain Bar, Yogurt, Fruit, Juice & Milk
  - Pork Street Tacos w/Shineapple Salsa Italian Salad*
  - Nacho Box
  - WOW Sandwich Combo
  - Mexican Street Corn
  - Black Bean Salad
  - Red Bell Pepper & Crispy Carrots
  - Strawberries & Cream OR Sliced Peaches

### Friday
- Sausage Kolache* OR Pick 2:
  - Cereal, Nutrigrain Bar, Yogurt, Fruit, Juice & Milk
  - General Tea Chicken w/Fried Rice
  - Egg & Cheese Salad
  - Yogurt Combo
  - Egg & Cheese Protein Pack
  - Stir Fry Vegetables
  - Mixed Green Salad w/Ranch
  - Celery Sticks & Grape Tomatoes
  - Fresh Apple OR Sliced Peaches

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School Nutrition Services is serving.

**In conjunction with USDA and NEISD School Nutrition Services, student meals are provided at no cost for the entire 2021–22 school year.**

Go to SchoolCafe.com/NorthEastSD or download the School Cafe App. Access meal account information and more through School Cafe. • To check account balance information • To see the current and upcoming menus, go to: NEISD School Nutrition Services website

### Menu Choices:
- **Breakfast:**
  - Entree
  - Fruit
  - Veggies (Pick 1)
  - Juice
  - Milk
- **Lunch:**
  - Entree
  - Fruit
  - Veggies (Pick 2)
  - Juice
  - Milk
  - Milk

*Indicates Pork Product

**Brought a Lunch From Home?** Pick 3 For Free: Fruit, Veggie, & Milk

This institution is an equal opportunity provider. Menu subject to change.

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It is believed that ice skating has existed for more than 3,000 years, when people in southern Finland strapped sharpened, flattened bone to the bottom of their feet. This form of ice skating was more like gliding than skating, and it wasn’t until an iron blade with sharpened edges was used that true ice skating was possible.