John H. Wood Middle School

Wrangler Stampede

registration form 2012

Wood Middle School is hosting is third annual Wrangler Stampede 5K Run/Walk: *Bridge to Victory* this year. We hope to encourage students, parents, and community members to be healthy and active and to show students that physical and mental health can lead to greater success in school.

DATE: March 3, 2012
TIME: Packet pick up 8:00 am - 10:00 am. Race begins @ 10:00 am.
LOCATION: Wood Middle School. 14800 Judson Rd.
COST: $5 students $7 adults

REGISTRATION: Registration forms may be picked up in the front office or downloaded from the campus website at http://www.neisd.net/woodms. Participants may come by during regular school hours to sign up. Registration begins on January 12th, 2012. All participants will receive a free t-shirt upon registration. **FAMILY RATE OF $5/PERSON WITH REGISTRATION OF 3 OR MORE.**

RACE DAY INFORMATION:

- Check In will be held in the front of the school beginning at 8:00 am.
- Race bibs will be given the day of the race
- Water will be provided along the course
- Snacks and drinks will be provided at the completion of the race

COURSE: The race begins at Wood MS then runs along Wenzel Rd. Runners will continue through the connecting neighborhoods and finish back at the school.
PRIZES: Every participant will receive a Wrangler Stampede T-shirt. Prizes for top places and door prizes will be awarded following the race.
ORGANIZATIONS: The following organizations will be present from 8:00 am - 10:00 am.

Family Violence Prevention Services	Gold's Gym	Rape Crisis Center
United Way	Palmer Drug Abuse Program	Laurel Ridge
Center for Health Care Services	Children's Bereavement Center	Spectrum
Clarity Counseling Center	Roy Mass Youth Alternatives	School Nutrition Services
San Antonio Food Bank	American Cancer Society	

Participant Name_____ Student Adult

Parent/Guardian (if applicable):_____ Phone #:_____

I will : (please select one) _____RUN _____JOG _____WALK

T-shirt Size (adult sizes) S M L XL

OFFICE USE:
Paid by: CASH_____ CHECK_____ (Include number) FAMILY RATE _____

Received by: _____ Date:_____