

Community Recreation Resources For Individuals with Disabilities

PLEASE NOTE: NEISD is not responsible for, nor endorses, the content of the resources/information listed below.

This list of recreational community resources was compiled by Cindy Slagle, Lead Adapted Physical Education Specialist and Henry Gonzales, Social Worker, NEISD Department of Special Education. It is not intended to be an endorsement of any of the programs but an informational tool for staff and parents when planning outside activities for their children with special needs. Finding appropriate activities for children with disabilities can be a difficult experience. We hope this guide helps you with your search.

Contact Cindy Slagle, Lead Adapted P.E. Specialist (210) 491-8375 concerning additional programs in the San Antonio area offering recreational opportunities for special needs children.

DAY AND WEEKEND CAMP/PROGRAMS:

Association for Retarded Citizens (ARC)

13430 West Avenue,
Ph: 490-4300

www.arc-sa.org/

Various programs for after school care, evening and summer programs
Elementary through age 22

Call or visit their website for more information.

CAMP Camp

Children's Association for Maximum Potential
P.O. Box 27086
San Antonio, 78227
Ph: 671-5411

www.campcamp.org/

This association offers a variety of activities for children with all disabilities including a week long summer camp program. This program provides a wide range of recreational, rehabilitative, and respite services for children with severe disabilities and their families. The CAMP program is designed for children who are not able to attend other camps due to medical or physical reasons. Sliding fee scale and stipends available.

Respite Club is comprised of several components: Respite Weekend Camps, Parents Night-Out (PNO), and Teen and Adult Day Adventure (TADA). Families must enroll their children in the Respite Club in order to participate in any of the Respite Club events. Siblings are also welcome at Respite Weekends and PNO. Membership affords the family information about, and invitations to Respite Club events.

Call or visit their website for more information.

Texas Adaptive Aquatics, Inc Houston, TX 77095 (713) 859-9015

This program features an adaptive water skiing program for people with physical and/or cognitive challenges. Water skiing instruction programs are available for all levels of ability. Call for more information.

**Animal Botanical Summer Camp
San Antonio Botanical Garden**

555 Funston, San Antonio, Texas 78209

Ph: 862-4246

www.sabot.org/?nd=home

Animal Botanical is a day camp from 9-11:30 am for youth with special needs. It is a time for campers to experience nature, crafts, games, and develop friendships.

Call or visit their website for more information.

**Bright Beginnings
Brighten Center for Inclusive Communities**

14207 Higgins, San Antonio, Texas 78217

Ph: 826-4492

www.brightonsa.org/contact.htm

Bright Beginnings offers an inclusive school-age summer camp program. The program is designed to promote learning experience in the areas of team sports, computer exploration, active weekly workshops, and social clubs. The program begins at 6:30am-6:30 pm and includes breakfast, lunch and an afternoon snack.

Call or visit their website for more information.

Camp Summit

921 Copper Canyon Rd., Argyle, TX 76226

Ph: (972) 484-8900

www.campsummittx.org

The goal is to help children age 6 and older who are physically challenged, developmentally delayed, dual sensory impaired or who have multiple disabilities reach their own personal peak by providing recreational, therapeutic and social activities in a nature camp setting.

Camp Sweeney

Southwestern Diabetic Foundation

PO Box 918, Gainsville, TX 76241-0918

(940) 665-2011

billieh@campsweeney.org

Web page: www.campsweeney.org/

Camp Sweeney offers a camp setting for children/young adults with diabetes to have fun, build friendships and develop self-esteem.

Call or visit their website for more information.

Down Home Ranch

20250 FM 619, Elgin, TX 78621-5343

Ph: (888) 926-2253

www.downhomeranch.org

An innovative camp in Elgin, TX for children and adults with mental impairments, ages 13 and up. The mission of Down Home Ranch is to build a rural, self-reliant community for adults with intellectual and developmental disabilities, offering training, housing, recreation, and dignified employment, as well as opportunities for growth in mind, body, and spirit.

Call or visit their website for more information.

Elks Camp

Texas Elks Children's Services, Inc.
1963 FM 1586, Gonzales, TX 78629
Ph: (830) 875-2425

www.texaselks.org

Any child with a special need, between the ages of 7 and 15, there is no fee. Located on 8 rural acres between Luling and Gonzales. Fishing and hiking are available at nearby Palmetto State Park. The Gonzales Elks Lodge provides a large swimming pool.

Call or visit their website for more information.

Jewish Community Center

12500 NW Military Hwy, San Antonio, Texas
Ph: 302.6959

www.jewishcommunitycenter.org

Monday-Friday 9:00-3:30, ages 5 and older, two four week sessions. This is an inclusive program for children who are typically developing or who have a special need (limited spots).

Call or visit their website for more information.

Marbridge Summer Camp

P.O. Box 2250, Menchaca, TX 78652
Ph: 1.512.282.1144

www.info@marbridge.org

<http://marbridge.org/>

Summer Camp for young adults with cognitive challenges, ages 16-30

Call or visit their website for more information.

smART – Saturday Morning ART

Ph: 227-0170

Offers a series of art classes to children ages 6 to 12 who have special needs. Classes are offered during the Spring, Summer, and Fall in conjunction with Any Baby Can and The Southwest School of Art & Craft.

Call for more information.

Star Camp

149 Camp Scenic Loop
Ingram, Texas 78025
Ph: 1.830.367.4868

Summer camp in Ingram, TX for children with learning differences

www.starranch.org

Call or visit their website for more information.

Camp Abilities Texas- July 25-August 1 2010

This camp is for campers ages 11-16 with visual impairments. For information contact Joe Paschall at (512) 206-9191 paschallj@tsbvi.edu

For registration packet contact Diana Sagnes at (512) 206-9364 sagnesd@tsbvi.edu

X-treme Sports Camp

www.xtremesportscamp.com

This is a 6 day camp designed for youth ages 10-21 with physical disabilities. Located near Brenham, TX. Visit their website for more information.

CAMP For All

6301 Rehburg Rd.
Burton, Texas 77835
Ph: (409) 289-3752

www.texasnf.org

CAMP for All with neurofibromatosis is a place to experience the joy of the great outdoors without barriers.

Call or visit their website for more information.

Texas Lions Camp, Inc.

P.O. Box 247

www.lionscamp.com/

Kerrville, Texas 78029-0247 Call a local Lions Club for more information. Texas Lions Camp is a 400 bed, residential camping facility for children with physical disabilities, type 1 diabetes and cancer. The camp is located on over 500 acres in the Texas Hill County, and is designed to introduce the "Can Co" philosophy to children dealing with special medical conditions. Your child's medical form should be dated within 6 months of the session they are attending.

Call or visit their website for more information.

Camp BRONCHO

American Lung Association of Texas

8207 Callahan Rd. Suite 140

San Antonio, Texas 78228

Ph: 308.8978

www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=38032

Summer camp for children with asthma.

Call or visit their website for more information

Boy Scouts of America

2211 Northwest Military Highway

Contact: Terry Ellis

Ph: 341.8611 ext. 33 or

Mike Dunnell

Ph: 341.8611 ext. 32

www.alamoarea-boyscouts.org/

Call for more information.

Girl Scouts of America

10443 Gulfdale

Contact: Debbie Condon

Ph: 349 - 2404 or

Risa Weinberger

Ph: 481.1671

www.girlscouts-swtx.org/gssa/default.asp

Call for more information.

Spina Bifida Association of Texas, Inc.

Executive Director - Nora Oyler

Ph./Fax: 653-1800

Toll Free 1.866.59-SBATX

www.sbatx.org

Offers scholarships to Camp C.A.M.P.

Call for more information.

Muscular Dystrophy Association

8610 Broadway #200

San Antonio, TX 78217

Ph: 650.3181

Fax: 654.7346

Email: sanantoniosouthdistrict@mdausa.org

www.mda.org/local/?postalcode=78217&submit=find

Summer camp for children with MD or related neuromuscular diseases.

Call for more information.

Busy Bodies

Dr. Robert Strauss

<http://sabusybodies.org/>

11985 Starcrest

Ph: 545.2840

Email: sabusybodies@satx.rr.com

Activity based program designed to facilitate the development of language, and gross and fine motor skills. Provides a fun and effective motor behavior center where the learning atmosphere is one in which success is the rule rather than the exception For children ages 2 - 18 years of age.

Call for more information

Down Syndrome Association of San Antonio

(210) 349-4372 www.dsasa.org

Kid Connection Program- ages 4-12. Provides family social activities.

Playgroup- ages 0-3.

Teen Club- ages 13-17. Provides social events

Warm Springs Rehabilitation Center- www.warmsprings.org

Aquatic classes/Swim Spectacular- NW Clinic on Culebra

Adventure Fit Camp- Fall season

For information contact Todd Schwartz at (210) 592-5488 tschwartz@warnsprings.org

SPORTS PROGRAMS:

Brunswick Thousand Oaks Bowling Ctr. The Individuals Bowling League

4330 Thousand Oaks

Ph: 654-0031

Saturday morning bowling league for persons with disabilities.

www.bowlbrunswick.com/center_info?centerNum=1970

Call for more information.

Challenger League

Soccer – contact: David Kipp

Ph: 967-9890

Baseball – Contact: Jack Joyce

Ph: 342-9205

The Soccer games are played on field at McAllister Park Soccer Fields. Games are on Sat. at 4:00 and practice is on Tues. evenings at 6:00. They have a fall and spring program.

Affiliated with **NEYSA** – Special Teams and Special Olympics Texas. Ages: 5 - 53 yrs.

The Baseball games are played on fields located on field #5 at Olmos Park and start after Spring Break every Sat. morning at 9:00 through May. The baseball league has a fee which includes Trophy, Hat, Shirt, Pants, and Belt. Players will need shoes & glove. Both programs are specifically designed for children (6-22 years) with special needs with any ability. Parents are encouraged to participate as this program relies on participant numbers and adult volunteers for current information.

sirarthurcourt@sbcglobal.net

Call for more information.

Challenger League Baseball

McAllister Little League-

Contact: Vickie Van Winkle

Ph: 494-5813

This program is played on McAllister Park Little league fields. The program is for ages 5 - 18 yr., free and relies on volunteers for buddies and parent coaches. The program has more than doubled in the past 10 years.

Call for more information.

Kinetic Kids T-Ball

Contact: Tracy Fontenot, PT

Ph: 558-1364 or webpepts@sbcglobal.net or

Kacey Wernli, PT

Ph: 699-1307 or kcw@evl.net

Ph: 748-JUMP

www.kinetickidstx.org/

Goal is to enrich the lives of special needs children by creating programs that encourage mobility and activity. By providing physical and recreations programs not typically available to children with special needs, we intend to foster the development of courage, confidence, self esteem, pride, and joy so these children can achieve new possibilities previously unimaginable.

Call for more information.

Miracle League of San Antonio

926 Chulie, San Antonio, TX 78216

Ph: 225-6666

www.miracleleagueofsanantonio.com

Offers team baseball for children with mental or physical challenges. Players are matched with Buddies who assist with playing the game.

Call for more information

North East Youth Sports Organization**NEYSO Special Teams**

Special Teams and Special Olympics Texas. The purpose of our program is to give "Special Needs" Athletes the chance to come out and play on a team sport (soccer).

Ages 4 yrs.-55 yrs.

Ph: 650-0093 or

E-mail: spealteamsoccer@sbcglobal.net

www.neyso.org/specteams.html

Call for more information.

Lone Star Play Ball

Non-competitive co-ed softball league for young adults with special needs ages 18 and over. Games are played at Incarnate Ward HS on Saturday mornings. Call Edward Taylor at (210) 497-7107 for an application.

PUMP IT UP

14036 Nacogdoches

Contact Diana

Ph: 653-0700

www.pumpitupparty.com/sanantonio.html

This facility two rooms with blown up activity areas for jumping and lots of large movement activities. This is not specifically for children with disabilities but great for private parties, etc.

Call for more information.

YMCA

1123 Navarro, San Antonio, TX

Ph: 246-9622

Call for more information.

NE YMCA

10710 Nacogdoches, San Antonio, TX 78265

Ph: 656-5777

www.ymcasatx.org/northeast/

No specific programs for children with disabilities, but they can be serviced in the daycare, summer, and after school programs.

Call for more information.

Mays Family YMCA Family Wellness Center!

21654 Blanco Rd., San Antonio TX 78258

Monday - Friday 5:30am - 9:00pm

Saturday 7:00am - 6:00pm & Sunday 1:00pm - 5:00pm

Ph.: 497-7088

www.ymcasatx.org/maysfamily/ Call for more information

City of San Antonio Parks and Recreation - Adapted Sports

www.sanantonio.gov/sapar/therapeutic.asp

Summer Youth program

Ph: 207-3048 or 207-3018.

Seasonal sports programs. Free. (Wheelchair Tennis, Fencing, Rugby, Basketball, Baseball and much more)

The Parks & Recreation Department teams up with local school districts in the summer to provide a structured supervised program for children at approximately 64 sites throughout the City. The recreation-themed activities include active games, sports, arts & crafts, a weekly enrichment program in Fine Arts, Science, and Fitness/Nutrition! The majority of participating sites will receive a free lunch and snack for the entire program. The Summer Youth Program at School Sites utilizes the school's gymnasium and outdoor enclosed areas. The program follows self-monitored guidelines, which will limit the number of participants per site. SYP at School Sites maintains a 1:25 Staff to participant ratio. Participants will be grouped according to age and staff will conduct age-appropriate recreation activities.

Dates: Monday – Friday; June – August

Time: 7:30 a.m. – 5:30 p.m.

Ages: 6 – 12 year olds only at SYP School Sites

Fee: Summer Participant fees are based on a sliding scale according to income and family size. If you presume your family will qualify for a reduced fee, an Income Verification Form must be completed prior to the SYP School Site Mass Registration.

Call for more information.

Mission Roads Ministries SOAR Camp- www.missionroadsministries.org

Program for ages 6-17 June through August. Mon-Fri 9am-3pm Fee involved

Contact Lora Butler or Julie O'Toole at (210) 334-2437 or (210) 334-2427

R.O.P.E.R.-Riding Opportunities Promoting Exceptional Riders

4991 Higdon Rd San Antonio, TX 78223 (210) 633-2042 www.freewebs.com/roperapp/

This program offers a variety of riding types for individuals with special needs. Call for more information.

GYMNASTICS:

Kinetic Kids Gymnastics

Ph: 748-JUMP (5867)

Kacey Wernli, PT

Ph: 699-1307 or kcw@evl.net

www.kinetickidstx.org/

Gymnastic Skills and Techniques

Call for more information.



Flip City Gym

23143 US Hwy 281 N (just north of Stone Oak subdivisions)

Ph: 655-7951

Contact Program Directors:

Kacey Wernli

Ph: 699-1307 or

Tracey Fontenot

Ph: 558-1364

Taught by Carie Valdez, OT, these classes are specifically designed for children with special needs who are able to walk by themselves or with a walker. The class size is limited to 10 and will be filled in the order of registration.

Call for more information.

Above and Beyond

Aerial Athletics

4335 Vance Jackson

Program contact: Amy Cardwell

Ph: 213-1458

www.abgymnastics@yahoo.com

Above and Beyond offers gymnastics and cheerleading programs for children with special needs.

Call for more information.

Sunburst Gymnastics Academy

7903 Mainland

San Antonio, TX.

Ph: 680 - 0944

Offering gymnastics classes to include children with special needs in an inclusive environment: Evaluates in private setting...majority of special needs students are autistic.

Call for information.

Gymnastics of San Antonio

Babcock and Eckhert

Ph: 696 - 9699

The program offers classes that are inclusive or classes with just special needs children. Your child will be evaluated to determine the appropriate program and class. They also have classes for pre-school children.

Call for more information.

DANCE:

In-flight Dance

Contact Paula Gorman

Ph: 590-3457

Pauladgorman@sbcglobal.net

This dance program is designed for children and adults in wheelchairs. The In-flight Dance Co. has performed for lectures and demonstrations throughout the United States to promote the empowerment this new art form offers people with physical disabilities. The founder and director, Paula Gorman, directs this only mixed ability Dance Company in Texas.

Call for more information.



Kinetic Kids Dance

Ph: 748 – JUMP

www.kinetickidstx.org/

Flip City Gym

23132 US Hwy 281 N (Just N of Stone Oak Parkway 1 - 2 two miles on Right)

Contact Program Directors:

Kacey Wernli

Ph: 699-1307 or

Tracey Fontenot

Ph: 558-1364

Children will learn dance moves of ballet, modern, salsa, and funk. These classes are specifically designed for special needs children who are able to walk by himself or herself or with a walker. The class size is limited to 10 - 12. Call for class dates and times.

Call for more information.

Swimming and Aquatic Sports:

Kinetic Kids Swim Program

Kinetic Kids offers over 12 different types of programs to children with special needs.

Children are separated based on age as well as cognitive and physical abilities. There are 4 categories of programs:

Mommy and Me

swim for children 5 and under.

Water Exploration

for children who want to experience water and exercise in the pool but are just getting comfortable doing so.

Skills and Drills

for children who follow directions without one on one assistance and are confident and enjoy the water.

Competitive Swimming

for children who are very comfortable with swimming with some adaptations and want to compete.

Ph: 748-5866 or visit www.kinetickidstx.org for complete information.



ALL Can Ski at Seaworld in August

Sponsored by the San Antonio Sports Foundation

www.sanantonioports.org

Visit their website for more information and registration.

EQUINE THERAPY:

The Horse Connection

At Victory Lanes Farms in Boerne, Texas

Program contacts:

Tricia Speaker Ph: 723-6345 or

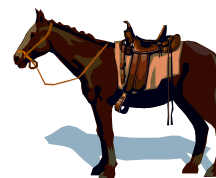
Nikki Theisinger

Ph: (830)658-3454 or cell (325) 956-6345

Offering riding lessons, trail rides and equine interactive therapy for children and adults with or without disabilities. They also do Horse and Carriage work and offer individualized programs for individuals & groups.

www.horse-connection.net

Call or visit their website for more information.



Triple H Equine-Therapy Center

789 Backhaus Rd.

Pipe Creek, TX. 78063

Ph (830) 510-9515

This stable offers a therapeutic riding program for children and adults with physical, mental, emotional or learning disabilities. Volunteers are the heart of Triple H (Hooves, Hearts, and Heroes).

Call for more information.

Saddle Light Equestrian Center

Retama Polo Center

17530 Old Evans Road

Selma, TX. 78254

Ph: 651-9574

www.thesaddlelightcenter.com

Riding lessons for people with disabilities such as cerebral palsy, muscular dystrophy, etc. Lessons are given by private pay, insurance, scholarships, etc.

Call or visit their website for more information.

Seguin Therapeutic Advantage thru Riding "Therapy in Motion"

P.O. Box 1874

Seguin, TX. 78155

Contact: Mary Wagner

Ph: (830) 303-2502

Call for more information.

Therapeutic Horseback Riding Lessons in Fair Oaks Ranch

Contact Brook Courchaine at (210)698-2042 or (314) 956-5052.

Legends Equestrian- (210) 885-2696 32772 FM 3351 Boerne, TX 78006
Specializing in programs for individuals with emotional problems.

Other

Eva's Heroes

11107 Wurzbach Rd., Ste. 203
San Antonio, TX 78230
Ph: 694-9090
Fax: 694-9092

Northside Vocational Transition Program
The Nellie M. Reddix Center
4711 Sid Katz

The Eva's Heroes Enrichment Center program provides an inclusive environment for individuals 14-21 years of age to interact and learn with their peers. The program strives to help adolescents/young adults increase their ability to function independently while allowing individuals to learn the value of teamwork.

The Enrichment Center will provide recreational activities such as:

- arts & crafts
- sports
- cooking classes
- group games
- computer activities
- reading

Good General Information to Know:

The Access Pass

This pass is for citizens or permanent residents of the United States, regardless of age, who have been medically determined to have a permanent disability. It provides access to, and use of, any Federal recreation site that charges an Entrance or Standard Amenity Fee and provides a discount on some Expanded Amenity Fees. A *permanent disability* is a permanent physical, mental, or sensory impairment that substantially limits one or more major life activities, such as caring for oneself, performing manual tasks, walking, hearing, speaking, breathing, learning and working. Agencies that honor the Access Pass are the Forest Service, the National Park Service, Fish and Wildlife Service, Bureau of Land Management, and Bureau of Reclamation. In addition, the Corps of Engineers and Tennessee Valley Authority may honor the Access Pass. Documentation must be provided to establish eligibility.

Contact the National Park Service for more information.

ParksPass@nationalparks.org

The Companion Pass

SeaWorld San Antonio

10500 SeaWorld Drive, San Antonio, Texas 78251
Ph: 523-3123

www.4adventure.com/SWT/special_offers.aspx

SeaWorld San Antonio offers a 50% off one-day admissions discount for their disabled/special needs guests and their companion/chaperone (one (1) companion/chaperone per disabled/special needs guest). These passes can be purchased at the Guest relations window or any ticket booth window upon arrival.

Gold/Escort Pass- Same price as Gold/2 Season Pass- Allows disabled/special Needs Guest to bring an Escort/companion at no extra charge.

Silver/Escort Pass- Same price as Silver/1 season pass-Allows disabled/special needs Guest to bring an Escort/companion along at no extra charge.

If you are interested in purchasing a Silver or Gold escort pass, please call (210) 523-

3123 or (800)722-2762, ext. 3123. These passes cannot be purchased at the front of the park. Request for Season/Escort pass purchases must be made on school, company, group home letterhead and faxed to (210) 523-3130. A one-time proof of disability/special need is required for the files. This can be a letter from a doctor's office on their letterhead or a copy of the ARD page that lists this information. This should be faxed to the number listed above along with the following information: name of the special needs person, date of birth, address and phone number.

Texas State Identification Card
Texas Department of Public Safety

Kitty Hawk or other TX Department of Public Safety office

San Antonio, Texas 78217-3595

Call for General Information

Ph: 655-8102

www.dmv.org

A Texas ID card is your ticket to boarding an airline, cashing a check and other day-to-day activities that require state issued identification. The basic procedure is similar to obtaining a drivers license, but without any testing requirements. There are no age restrictions. Any Texas resident can get one as long as they provide proof of identity.