

NEISD School-Age Parenting Guide to San Antonio Community Resources

Name of Service	Phone Number	Web Site	Information
NEISD Family Resource Center 8438 Ahern Dr.	442-0640	www.neisd.net School Age Parenting McKinney Project	Teen Pregnancy and Parenting Resources McKinney Project-Homeless student resources

Medical Care and Family Planning

University Health System	207-5000	www.UniversityHealthSystem.com	Free Family Planning, pregnancy test, STD testing/treatment
Baptist Health System	297-2079	www.baptisthealthsystem.com	OB-GYN care -pregnancy test, family planning
Christus Santa Rosa		www.christussantarosa.org	“
Centro Med 5253 Walzem	653-1429	www.centromedsa.com	“
Methodist Health Center 1533 Austin Highway	679-2622	www.sahealth.com	Free pregnancy test
Medicaid Women’s Health	2-1-1	www.hhsc.state.tx.us/womenshealth.htm	Free family planning & health exam for uninsured women “Safe Riders” car seats (575-0355)
S.A. Health Department clinics	207-4742	www.sanantonio.gov/health	Services for teens, babies and children
Texas Health Steps	1-877- 847-8377	www.dshs.state.tx.us/thsteps	Health checkups for birth thru age 20 years old
Medicaid/CHIP/Food Stamps 3300 Nacogdoches 11307 Roszell	599-3217 655-8760	www.hhsc.state.tx.us www.medicaidusa.com/apply-for-medicaid-texas www.yourtexasbenefits.com	Available programs for teens and their babies To apply online To locate Medicaid/Chip/Food Stamp office near you
WIC (Women Infant Children)	1-800-942-3678	www.dshs.state.tx.us/wichd	Provides formula & some food for children and mothers
Immunization clinics			
Naco-Perrin Clinic 4020 Naco-Perrin	207-5000		Immunization provided free or low cost
Walzem Clinic 5253 Walzem	651-1050		“
SA Metro Health Dept. 345 W. Commerce	207-8894		“
Kenwood Clinic 302 Dora	736-1536		“

Other Helpful Numbers

Breast feeding-----LaLeche League	341-9669	www.llusa.org/web/SanAntonioTX.html	Provides information for successful breast feeding
Catholic Charities & San Antonio Birth Doulas	222-0988	www.sabirthdoulas.org	Provide support during pregnancy and after labor & delivery for Mothers and Fathers
Child Abuse	1-800-4-A-Child	www.childhelp.org	Anonymous reporting site for child abuse
CCS (Child Care Services) 1227 Brady Blvd.	206-5200	www.sanantonio.gov/comminit/crd/crdmain.asp	Assistance with child care cost
Child Support Assistance 3460 Northeast Parkway	930-1091	www.oag.state.tx.us	Assistance in collecting child support for your child

Fetal Alcohol Syndrome		www.mayoclinic.com	Information on prevention & symptoms
Legal Services Texas Free Legal Aid	1-512-477-6000	www.usattorneylegalservices.com/Texas-free-legal-aid.html	Provides list of free or low cost legal services in your area
Methodist Mission Home 6487 Whitby Road	696-2410	www.mmhome.org	Provides on site housing for pregnant teens and the option of adoption-provides medical, education, etc..
Poison Emergency Call 911 if acute emergency	1-800-222-1222	www.poisoncontrol.org	Provides info on prevention, first aid, recall items,
Pregnancy Care Center 8131 W IH 10 #125	614-4124	www.sapregnancy.org	Free pregnancy tests, medical referrals, maternity clothing
Roy Mass Youth Alternatives 3103 West Ave.	340-8077	www.rmya.org	Emergency shelter & independent living for teens 16-21
Rape Crisis Center	521-7273	www.rapecrisis.com	24 hour Rape crisis hotline 349-7273
San Antonio Food Bank 5200 Old Hwy. 90	337-3663	www.safoodbank.org	Provide info on food sources in your area and will assist with enrollment for Food stamps & WIC.
Shaken Baby Syndrome		www.dontshake.org	Information on prevention & symptoms
Suicide and Crisis Hotline	223-7233 800-316-9241	www.suicidehotlines.com/texas.html	Immediate resources
United Way Help Line	352-7000	www.unitedwaysatx.org	Referrals to agencies in San Antonio
VIA Metropolitan Transit (City Bus)	362-2020	www.viainfo.net	Provide citywide transportation
Visitation House	735-6910	www.sanantonio.gov/sapd/safdirectory/visit.htm	Housing for single woman (over age 18) and her child

EMERGENCY SHELTER INFORMATION Contact the following agencies if you need shelter immediately.

At SAMM & Salvation Army shelters, caseworkers are available 8:30 am - 4:30 pm.

- * Battered Women's Shelter of Bexar County 7911 Broadway St. 733-8810
(Family Violence Prevention Services, Inc.)
- * SAMM Shelter: 910 West Commerce 224-5838
(San Antonio Metropolitan Ministry)
- * Salvation Army Social Services: 910 North Flores 352-2020
- * Children's Emergency Shelter of San Antonio: 133 Cedar 212-2560
(for 0-12 years old)
- * The Bridge: 3103 West Ave 340-7933
(6-17 yrs; counseling, short/long-term placements, runaways, assessments)
- * Veterans Outreach: 206 San Pedro, Suite 200 223-4088
- * Catholic Worker House: 622 Nolan 224-3932

Teen Resources

Baptist "Moms & Kid's"	297-2000	www.baptistmomsandkids.org	Info for Mother and child
Healthy Futures	223-4591	www.healthyfuturestx.org	Web sites with information for teens and their parents regarding healthy choices.
Methodist "Baby Talk"	1-800-333-7333	www.sawomenshealth.net/womenshealthservices	Info for Mother and child
Project Worth	207-8850	www.sanantonio.gov/health/PW-Main.html	Includes fact sheets and "Me Now, Baby Later"
Nat'l Prevention of Teen Pregnancy Campaign	1-202-478-8500	www.thenationalcampaign.org	Resources & information for Teens

Dated: May 10, 2010