

North East I.S.D.

Parent Academy Domains

The Family Specialist will conduct or provide the following sessions using a variety of research based programs, district personnel, community agency representatives and/or professionals in their area of expertise.

I. Parenting

Sessions offered in this domain will provide participants the opportunity to learn skills that promote healthy families, which contribute to respectful, cooperative children and responsible adults.

Different parenting styles, techniques and beliefs will be explored. Behavior management in the home, parent-child relationships and child developmental stages will be addressed. Participants will participate in role-playing, question and answer sessions, group discussions, and sharing of best practices.

II. Life Skills and Essential Knowledge

Sessions offered in this domain will provide participants the opportunity to learn or enhance skills that can be beneficial in managing everyday life experiences. These sessions will include technology training with an emphasis on computer literacy, vocational awareness, language acquisition, financial literacy, and awareness of community resources.

III. Academic Skills

Sessions offered in this domain will emphasize parents as first teachers. Core curriculum and literacy skills in the areas of math, reading, language arts and science will be covered. Participants will learn ways to assist their children with skills necessary to become academically successful. Through these sessions, parents will be motivated, encouraged and empowered not only to support their children through their educational process, but also to continue their own.

IV. Health, Nutrition and Safety

Sessions offered in this domain include promoting healthy lifestyles in the areas of home, family, school and community. Topics may consist of safety education, nutritional education, and substance abuse prevention. Addressing the onset of preventable diseases such as asthma and diabetes is a major focus. Participants will be encouraged to adopt a healthy lifestyle by exercising and eating well balanced meals; recipes and cooking classes may be provided.

V. Cultural and Art Awareness

Sessions provided in this domain will promote awareness to arts and cultural diversity in a variety of ways that may include cooking, music, art, and field trip activities.