

**MADISON HIGH SCHOOL
SUMMER SPEED, AGILITY & STRENGTH
PROGRAM**

*NAME _____ GRADE _____
HOME PHONE _____
EMERGENCY CONTACT NAME _____
PHONE _____

JUNE 16-JULY 24

SESSIONS WILL MEET MONDAY-THURSDAY

WORKOUTS WILL INCLUDE STRENGTH TRAINING AS WELL AS SPEED
AND AGILITY DRILLS

MADISON, HARRIS AND WOOD COACHES WILL BE INSTRUCTING.

SELECT 1 SESSION

____ SESSION 1–RECOMMEND FOR INCOMING 10-12TH GRADERS (7:30-9:00)

____ SESSION 1–RECOMMEND FOR INCOMING 9TH GRADERS (9:00-10:30)

FEE: \$75–PAYABLE TO MADISON HIGH SCHOOL

FOR MORE INFORMATION CALL:

COACH JIM STREETY
637-4400 X 309

SEND REGISTRATION TO:

COACH JIM STREETY
MADISON HIGH SCHOOL
5005 STAHL RD.
SAN ANTONIO, TEXAS 78247

*SCHOOL PHYSICAL REQUIRED

WAIVER SIGNATURE ON BACK