



North East Independent School District

VIRGIL T. BLOSSOM ATHLETIC CENTER

Comalander Stadium Littleton Gymnasium Baseball Stadium Soccer Stadium
 Davis/Walker Aquatic Center Tennis Center Piper-Bass Memorial Student Center

Athletic Director Jerry Comalander	Assistant Director Irl Kincaid	Assistant Director Karen Funk	Assistant Director Marshall Fleener	Assistant Director Carl Gustafson
Aquatic Coordinator David Johnson		Assistant Director PE/Health Rachel Naylor	Tennis Coordinator Patrick Johnson	

Physicals

Saturday May 21st Littleton Gymnasium @ Blossom Athletic Complex

PRE-PAY ONLY (till May 13th): Physicals will cost \$15.00, cash or check (made payable to your school)

These mass physicals are conducted to assess if athletes are physically able to participate in their sport(s).

What is covered

Medical History
 Basic Cardio Screening
 Basic Medical Screening
 Basic Musculoskeletal Screening

What is not covered

Vision
 Hearing
 In-depth Cardio-Vascular Evaluations
 (EKGs or ECHOs)

Physicals will be held at Blossom Athletic Complex's Littleton Gymnasium. Each campus will transport athletes to and from Littleton Gym on a North East school bus. Athletes **MUST** ride the buses; they cannot drive themselves nor have parents dropping them off.

Athletes must pre-pay, have all paperwork completed and turned in before being allowed on the bus.

	<u>Buses Leave Campus</u>	<u>Arrive @ BAC-LG</u>	<u>Physical Time</u>
Reagan			
Madison	8:30 AM	9:00 AM	9:30 AM
MacArthur			
Johnson			
Lee			

This Physical Packet includes necessary forms the athlete must have in order to participate in UIL activities next year. All forms need to be completed, signed and returned (regardless if they do not get a physical through the school) to their Coach or Athletic Trainer. This Packet includes:

- ✓ Cover Sheet – Vital information needed about physical procedures
- ✓ NEISD/Team Doctor Release Form (Back-to-Back) – Signatures are needed for proper releases for NEISD and Team Doctors.
- ✓ Medical History/Physical Form (Yellow):
 - Medical History Form** – Questions that have a 'Yes' reply must have an explanation and/or any doctor notes/releases attached.
 - Physical** – will be completed by the Athletic Trainers and Team Doctors
- ✓ Participation Form (Yellow) – Print Emergency Information on front (Page 1) and initial/sign on the back (Page 2). Dethatch and keep pages 3-6 for your records.

Athletes that do not get cleared for participation will receive a note explaining why and what needs to be done in order to be cleared. If you have any questions, please contact your campuses Athletic Trainers.