

The STAN Program

Provides...

- ✓ a safe place to discuss issues
- ✓ problem-solving skills
- ✓ crisis intervention and prevention
- ✓ community connections
- ✓ drug education, prevention/intervention
- ✓ mediation and conflict resolution

Improves...

- ✓ physical and emotional well-being
- ✓ family and social relationships
- ✓ attendance
- ✓ productive time in the classroom
- ✓ academic performance
- ✓ self-respect

Lessens...

- ✓ school dropout rate
- ✓ problems due to alcohol and other drugs
- ✓ disciplinary and/or behavioral problems
- ✓ incidents of illegal behavior

The STAN Advisory Council

The campus advisory council for the STAN program includes dedicated and caring campus staff, parents, and community representatives. This advisory group acts as an additional support network for students and contributes to the overall Safe and Drug-Free Schools program.

For more information contact:

- The STAN Counselor on your high school campus
- NEISD Safe and Drug-Free Schools
- NEISD Guidance and Counseling



In accordance with the Title VI Civil Rights Act of 1964; Title IX, Education Amendment of 1972; Section 504, Rehabilitation Act of 1973; and Title II, Americans with Disabilities Act of 1992, the North East Independent School District does not discriminate on the basis of race, color, national origin, age, sex, or handicap.



Student

Teacher

Assistance

Network

Safe and Drug-Free Schools

North East Independent School District

www.neisd.net

STANDING Up For Students

Student Teacher Assistance Network

What is STAN?

STAN, an acronym for Student Teacher Assistance Network, is a school-based program of identification, referral, and support for students who may be exhibiting problems that interfere with success in school. The goal of STAN is to provide a professional, confidential, and helping response to students and their families.

Program Overview

STAN is designed to help students develop life skills to meet the complex challenges that may arise at school, at home, or in the community. STAN deals with general wellness and the prevention of or intervention in the concerns of today's teens. These issues may include:

- healthy choices
- communication skills
- stress/anxiety
- relationships
- conflict resolution/mediation
- loss and grief
- prejudice reduction/bias awareness
- eating disorders
- anger management
- abuse
- pregnancy
- violence
- delinquent behavior
- alcohol, tobacco, or other drug use
- suicide

Referrals

Each year, STAN counselors help students deal with a wide variety of issues. The most prevalent problems reported are defined as Personal, Mental Health, Conflict, and Loss/Grief.

Students may request STAN services for themselves or may be referred by a parent, teacher, coach, counselor, school nurse, administrator, fellow student, or anyone else concerned with the well-being of the student.

Contact STAN Counselors

Churchill High School..... 442-0887
Lee High School..... 442-0300
MacArthur High School..... 650-1100
Madison High School..... 637-4400
Reagan High School..... 442-0800
Roosevelt High School..... 657-8650

Confidentiality

The STAN Counselor is a Master level professional who follows accepted counseling practices. Confidentiality is essential in providing the individual with an environment in which it is safe to explore feelings and make decisions. Legal and ethical standards of confidentiality require the STAN counselor to report appropriately or refer cases of abuse, infractions of the Code of Conduct, criminal activity, students who are a danger to self or others. ♣

How can STAN help?

- **Responsive Counseling**
If you have a problem, the STAN counselor can listen, give support, and assist in finding a solution. If a friend has a problem, refer them to STAN for counseling. *All STAN matters are handled confidentially.*
- **Support Groups**
You can discover new ways to handle issues by participating in a group that will provide support and friendship in a trusting atmosphere.
- **Peer Mediation**
If you experience a conflict with another student, request peer mediation. This is a process in which two trained student mediators guide you and the other person involved in the conflict to a peaceful solution. *Mediation is also confidential.*
- **Classroom Presentations**
The STAN counselor may come to one of your classes to talk about alcohol, tobacco, drug prevention or intervention, eating disorders, victimization prevention, or other topics.
- **Resource Information**
If you would like information on depression or drug dependency, or ANY other matter of concern, STAN can provide informative brochures and counseling assistance. If the problem is beyond the scope of the STAN program, the STAN counselor can provide community resource lists for services such as drug rehabilitation, counseling, and prenatal care.