

2011-2012 North East ISD High School Lunch Menu

**Build Your Own
SALAD BAR
Available Daily**

	Monday	Tuesday	Wednesday	Thursday	Friday
Quick Stop	Spicy Breaded Filet or Grilled Chicken Filet on Wheat Bun	Deli Meat or Veggie 🌱 Sub Sandwich	Breaded Chicken Filet or Grilled Chicken Filet on Wheat Bun	Cheeseburger or Grilled Chicken Filet on Wheat Bun	Stuffed Baked Potato w/ BBQ, Chili or Cheese Sauce 🌱 w/Wheat Roll
Viva Italia!	Spaghetti & Meat or Marinara Sauce 🌱 w/Garlic Bread	Chicken Pepperoni 🌱 Pasta w/ Garlic Bread	Meatball Sub Sandwich	Pizza Cheese Sticks 🌱 & Dipping Sauce w/Focaccia Bread	Chicken Parmigiana w/ Spaghetti Marinara 🌱
Country Kitchen	Chicken Tenders w/Wheat Roll	Chopped BBQ on Hoagie Roll	Steak Fingers w/Wheat Roll	Chicken Nuggets w/Cornmeal Roll	Chicken Fried Steak w/Wheat Roll
Ole	Beef & Bean Burrito w/ Chips & Queso	Beef, Chicken or Bean 🌱 Chalupa Grande	Cheese Enchiladas 🌱 w/ Spanish Rice	Beef &/or Cheese Nachos 🌱 w/Cornmeal Roll	Crispy Beef or Chicken Tacos w/ Spanish Rice
Eat	Cheese 🌱 Pepperoni 🌱 or Hawaiian 🌱 Pizza	Sweet Asian Chicken w/Fried Rice	Cheese 🌱 Pepperoni 🌱 or Veggie Pizza	Spicy Tso Chicken w/Lo Mein Noodles	Cheese 🌱 Pepperoni 🌱 or Chicken Alfredo Pizza

High schools have 5 serving lines. The menu repeats every week. Lunch includes an entrée plus a choice of 3 fruits or vegetables, bread, noodles or rice & milk. Sandwich entrees include a choice of 3 fruits or vegetables and milk.

On all serving lines the following meals are also available: Salad To Go plus a choice of 1 Fruit or Vegetable (Salads: Chicken Chef or Chicken & Mozzarella or Southwest Salad) Yogurt To Go: Includes Yogurt, Pretzels, Fresh Fruit plus a choice of 2 Fruits or Vegetables, Wrap or Sub To Go includes wrap or sub with chips plus a choice of 3 Fruits & Vegetables

High School Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	French Toast & Sausage	Chicken & Biscuit	Pancake & Sausage Patty	Cinnamon Roll*	Breakfast Pizza* 🌱
Week 2	Pancake Sausage Wrap	Sausage & Biscuit	Top Your Toast	Yogurt & Blueberry Muffin	Breakfast on a Bun*
Breakfast Includes two* entrée choices, one fruit choice or juice serving and an 8 oz. milk. Entrees available daily include breakfast tacos, a variety of cereal and toaster pastry. Cinnamon Roll, Breakfast Pizza & Breakfast on a Bun equal two entrée choices.					
Wk 1: 8/22,9/5,9/19,10/3,10/17, 10/31,11/14,12/5,12/19,1/16,1/30,2/13,2/27,3/19,4/2,4/16,4/30,5/14,5/28					
Wk 2: 8/29,9/12, 9/26,10/10,10/24,11/7,11/28,12/12,1/9,1/23,2/6,2/20,3/5,3/26,4/9,4/23,5/7,5/21					

NEISD School Nutrition Services Department is now offering online prepayments for your child's cafeteria meal account by accessing <https://www.mylunchmoney.com/>. Information needed to access: Student's Name & ID Number and Birth Date. A fee of \$1.95 is charged for each transaction. High School Students are not permitted to run a negative balance on meal accounts.

Meal Prices	Price
Student Lunch	\$2.05
Student Breakfast	\$0.95
Adult/Guest Lunch	\$3.10
Adult/Guest Breakfast	\$1.60
Student Reduced Breakfast Price	\$0.30
Student Reduced Lunch Price	\$0.40

Returned checks may be recovered electronically along with the state allowed fee

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

View nutritional values at our website www.neisd.net/foodserv/HTML/menus.html