North East I.S.D.
High School Menu
2010-2011

	Monday	Tuesday	Wednesday	Thursday	Friday
Quick Stop	Spicy Breaded Chicken on Wheat Bun	Meatball, Deli Meat or Veggie Sub w/ Macaroni & Cheese	Breaded Chicken Filet on Wheat Bun	Hamburger on Wheat Bun w/Macaroni & Cheese	Grilled Chicken Filet on Wheat Bun
Viva Italia!	Spaghetti & Meat or Marinara Sauce w/Garlic Bread	Chicken Pepperoni Pasta w/ Focaccia Bread	Fresh Made Pizza w/Garlic Bread	Chicken Parmigiana or Spaghetti & Marinara Sauce w/Focaccia Bread	Fresh Made Pizza w/Garlic Bread
Country Kitchen	Chicken Tenders w/Wheat Roll	Chicken Nuggets w/Wheat Roll	Steak Fingers w/Wheat Roll	Sweet Asian Chicken w/Fried Rice	Chicken Fried Steak w/Wheat Roll
Olé	Grilled Chicken Fajita Tacos	Chalupa Grande w/Chips & Queso	Cheese Enchiladas & Chili w/ Spanish Rice	Beef &/or Cheese Nachos w/Cornmeal Roll	Crispy Beef or Chicken Tacos w/ Spanish Rice
Eats	Chicken Tenders w/Wheat Roll	Chicken Nuggets w/Wheat Roll	Breaded Chicken Filet on Wheat Bun	Beef &/or Cheese Nachos w/Cornmeal Roll	Fresh Made Pizza w/Garlic Bread

Lunch includes an entrée plus a choice of 3 fruits or vegetables & milk. Available on all serving lines: Salad To Go, Yogurt To Go, Wrap To Go

= Vegetarian Option = Contains Pork

High School Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Pancakes	Chicken & Biscuit	Pancake & Sausage Wrap	Cinnamon Roll	Breakfast Pizza
Week 2	Waffle Sticks	Sausage & Biscuit	Top Your Toast	Cinnamon Roll	Breakfast on a Bun

Breakfast Includes two* entrée choices, one fruit choice or juice serving and an 8 oz. milk. *Cinnamon Roll, *Breakfast Pizza, *Pancake & Sausage Wrap & *Breakfast on a Bun equal two entrée choices. Entrees available daily include breakfast tacos, a variety of cereal and toaster pastries.

Week 1: 8/23, 9/6, 9/20, 10/4, 10/18, 11/1, 11/15, 12/6, 1/3, 1/17, 1/31, 2/14, 2/28, 3/21, 4/4, 4/18, 5/2, 5/16,5/30

Week 2: 8/30, 9/13, 9/27, 10/11, 10/25, 11/8, 11/29, 12/13, 1/10, 1/24, 2/7, 2/21, 3/7, 3/28, 4/11, 4/25, 5/9, 5/23

NEISD School Nutrition Services Department is now offering online prepayments for your child's cafeteria meal account by accessing https://www.mylunchmoney.com/.

Information needed to access: Student's Name and ID Number and Birth Date.

A fee of $1.95 is charged for each transaction.

High School Students are not permitted to run a negative balance on meal accounts.

Meal Prices	
Student Lunch	$2.00
Student Breakfast	$0.95
Adult/Guest Lunch	$3.00
Adult/Guest Breakfast	$1.50
Student Reduced Breakfast Price	$0.30
Student Reduced Lunch Price	$0.40

Returned checks may be recovered electronically along with the state allowed fee.

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

View nutritional values at http://www.neisd.net/foodserv/HTML/Menu