



ELEMENTARY SCHOOL AUGUST 2008

Monday	Tuesday	Wednesday	Thursday	Friday
25 Chicken Tenders w/ Gravy Whole Grain Roll Plus a choice of 3 Mashed Potatoes Oriental Vegetable Blend Chilled Peach Slices Canned & Seasonal Fresh Fruit <hr/> Baked Potato w/ Cheese & Roll Choice of 2 Fruits or Vegetables	26 Corn Dog Tater Tots Plus a choice of 3 Dill Pickle Gelatin w/Pears Canned & Seasonal Fresh Fruit <hr/> Ham & Cheese Muncher w/Crackers Choice of 1 Fruit or Vegetable	27 Bean & Cheese Nachos Plus a choice of 3 Seasoned Pinto Beans Crispy Carrots w/ Dip Fresh Watermelon Chunks Canned & Seasonal Fresh Fruit <hr/> Yogurt Plate Choice of 3 Fruits or Vegetables	28 Pepperoni Pizza Hot Garlic Bread Plus a choice of 3 Cut Green Beans Tossed Salad w/Ranch Dressing Chilled Applesauce Canned & Seasonal Fresh Fruit <hr/> Chicken BLT Salad w/Crackers Choice of 1 Fruit or Vegetable	29 Pizza Cheese Sticks w/Dipping Sauce Focaccia Bread Plus a choice of 3 Whole Kernel Corn Celery Sticks Fresh Orange Smiles Canned & Seasonal Fresh Fruit <hr/> Turkey Wrap w/Pickle Spear Choice of 2 Fruits or Vegetables

BREAKFAST MENU

25 Blueberry Muffins plus a choice of 1 Juice, Fresh Fruit or Chilled Canned Fruit	26 Biscuit & Sausage plus a choice of 1 Juice, Fresh Fruit or Chilled Canned Fruit	27 Breakfast Scramble plus a choice of 1 Juice, Fresh Fruit or Chilled Canned Fruit	28 Cinnamon Roll plus a choice of 1 Juice, Fresh Fruit or Chilled Canned Fruit	29 French Toast Sticks w/Syrup plus a choice of 1 Juice, Fresh Fruit or Chilled Canned Fruit
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AVERAGE WEEKLY LUNCH NUTRITIONAL SUMMARY FOR AUGUST					
Week of	Total Calories	Total Fat (g)	Saturated Fat (g)	Protein (g)	Carbohydrate (g)
August 25-29	689.28	23.48	7.38	29.58	92.76

Student Breakfast - \$0.90
Student Lunch - \$1.75
Reduced Breakfast - \$0.30
Reduced Lunch - \$0.40
Adult/Guest Breakfast - \$1.50
Adult/Guest Lunch - \$3.00

Breakfast and lunch include a choice of 1% lowfat milk 1% lowfat chocolate milk, 1% lowfat strawberry milk and 2% white.

Breakfast includes entrée & choice of juice, fresh or chilled canned fruit. Cereal & toaster pastries are available as alternate breakfast entrées.

Students may choose a combination of any two breakfast entrée items.

Students may decline any breakfast or lunch menu item, however, a minimum of 3 items must be selected. See cafeteria manager or web site for details.



NEISD School Nutrition Services Department is now offering online prepayments for your child's cafeteria meal account by accessing

www.MyLunchMoney.com. Information needed to access: Student's Name & ID Number and Birth Date. A fee of \$1.95 is charged for each transaction.

Menu items containing pork are:

Chicken BLT Salad, Pepperoni Pizza, Breakfast Pizza, Breakfast Sausage, Bacon & Egg Taco, Breakfast Scramble

Menu items containing turkey are:

Corn Dogs, Ham Chef Salad, Ham & Cheese Lunch Muncher, Ham Wrap, Hot Dogs, Turkey Wrap, Sausage Kolache

Breakfast entrée items that equal 2 entrées are:

Breakfast Pizza, Breakfast Tacos, Cinnamon Roll, Sausage Kolache

Meatless Entrées:

Baked Potato w/Cheese, Bean & Cheese Chalupas, Bean & Cheese Tacos, Cheese Nachos, Cheese Enchiladas, Cheese Pizza, Pizza Cheese Sticks, Yogurt Plate



**Cafeteria Assistants
are needed throughout the
North East Independent
School District.
Apply at the
North East Education
Center,
8961 Tesoro Drive.**

Starting Pay - \$9.15/hr.

Returned checks may be recovered electronically along with the state allowed fee.

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington D.C. 20250-9410 or call 202/ 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.