



# PREKINDERGARTEN AUGUST 2008

Monday	Tuesday	Wednesday	Thursday	Friday
25 <b>Chicken Tenders w/ Gravy</b> Whole Grain Roll Plus a choice of 2 Mashed Potatoes Chilled Peach Slices Canned & Seasonal Fresh Fruit	26 <b>Corn Dog</b> Plus a choice of 2 Dill Pickle Gelatin w/Pears Canned & Seasonal Fresh Fruit	27 <b>Beef &amp; Cheese Nachos</b> Plus a choice of 2 Crispy Raw Carrots Fresh Watermelon Chunks Canned & Seasonal Fresh Fruit	28 <b>Pepperoni Pizza</b> Hot Garlic Bread Plus a choice of 2 Cut Green Beans Chilled Applesauce Canned & Seasonal Fresh Fruit	29 <b>Pizza Cheese Sticks w/Dipping Sauce</b> Focaccia Bread Plus a choice of 2 Celery Sticks Fresh Orange Smiles Canned & Seasonal Fresh Fruit
Baked Potato w/ Cheese & Roll Choice of 1 Fruits or Vegetables	<b>Ham &amp; Cheese Muncher w/Crackers</b> Choice of 1 Fruit or Vegetable	Yogurt Plate Choice of 2 Fruits or Vegetables	<b>Chicken BLT Salad w/Crackers</b> Choice of 1 Fruit or Vegetable	<b>Turkey Wrap w/Pickle Spear</b> Choice of 1 Fruits or Vegetables
BEAKFAST MENU				
25 Blueberry Muffins plus a choice of 1 Juice, Fresh Fruit or Chilled Canned Fruit	26 <b>Biscuit &amp; Sausage</b> plus a choice of 1 Juice, Fresh Fruit or Chilled Canned Fruit	27 Breakfast Scramble plus a choice of 1 Juice, Fresh Fruit or Chilled Canned Fruit	28 Cinnamon Roll plus a choice of 1 Juice, Fresh Fruit or Chilled Canned Fruit	29 <b>French Toast Sticks w/Syrup</b> plus a choice of 1 Juice, Fresh Fruit or Chilled Canned Fruit

AVERAGE WEEKLY LUNCH NUTRITIONAL SUMMARY FOR AUGUST					
Week of	Total Calories	Total Fat (g)	Saturated Fat (g)	Protein (g)	Carbohydrate (g)
August 25-29	613.10	19.14	6.42	26.10	86.38

<b>Student Breakfast</b>	<b>\$0.90</b>
<b>Student Lunch</b>	<b>\$1.75</b>
<b>Adult/Guest Breakfast</b>	<b>\$1.50</b>
<b>Adult/Guest Lunch</b>	<b>\$3.00</b>
<b>Reduced Breakfast</b>	<b>\$0.30</b>
<b>Reduced Lunch</b>	<b>\$0.40</b>

Breakfast and lunch include a choice of 1% lowfat milk 1% lowfat chocolate milk, 1% lowfat strawberry milk and 2% white.

Breakfast includes entrée & choice of juice, fresh or chilled canned fruit. Cereal & toaster pastries are available as alternate breakfast entrées.

Students may choose a combination of any two breakfast entrée items.

Students may decline any breakfast or lunch menu item, however, a minimum of 3 items must be selected. See cafeteria manager or web site for details.

NEISD School Nutrition Services Department is now offering online prepayments for your child's cafeteria meal account by accessing [www.MyLunchMoney.com](http://www.MyLunchMoney.com). Information needed to access: Student's Name & ID Number and Birth Date. A fee of \$1.95 is charged for each transaction.



Returned checks may be recovered electronically along with the state allowed fee

**Menu items containing pork are:**

Chicken BLT Salad, Pepperoni Pizza, Breakfast Pizza, Breakfast Sausage, Bacon & Egg Taco, Breakfast Scramble

**Menu items containing turkey are:**

Corn Dogs, Ham Chef Salad, Ham & Cheese Lunch Muncher, Ham Wrap, Hot Dogs, Turkey Wrap, Sausage Kolache

**Breakfast entrée items that equal 2 entrées are:**

Breakfast Pizza, Breakfast Tacos, Cinnamon Roll, Sausage Kolache

**Meatless Entrées:**

Baked Potato w/Cheese, Bean & Cheese Chalupas, Bean & Cheese Tacos, Cheese Nachos, Cheese Enchiladas, Cheese Pizza, Pizza Cheese Sticks, Yogurt Plate



**Cafeteria Assistants  
are needed throughout the  
North East Independent  
School District.  
Apply at the  
North East EducationCenter,  
8961 Tesoro Drive.**

**Starting Pay - \$9.15/hr**

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington D.C. 20250-9410 or call 202/ 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.