

2009-2010 North East ISD High School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Quick Stop	Grilled Chicken Filet on Wheat Bun	Breaded Chicken Filet on Wheat Bun	Hamburger on Wheat Bun	Spicy Breaded Chicken on Wheat Bun	Meatball Sub or Deli Sub w/ Macaroni & Cheese
Viva Italia!	Chicken Pepperoni Pasta w/ Garlic Bread	Spaghetti & Meat Sauce w/ Focaccia Bread	Fresh Made Pizza w/Garlic Bread	Chicken Parmigiana w/ Pasta & Focaccia Bread	Fresh Made Pizza w/ Garlic Bread
Country Kitchen	Chicken Tenders w/ Cornmeal Roll	Steak Fingers w/ Wheat Roll	Chicken Nuggets w/ Wheat Roll	Sweet Asian Chicken w/ Fried Rice	Chicken Fried Steak w/ Wheat Roll
Ole	Beef & Cheese Nachos w/ Cornmeal Roll	Beef or Chicken Burrito Grande	Cheese Enchiladas w/Chili & Spanish Rice	Chalupas Grande w/ Chips & Queso	Crispy Beef or Chicken Tacos w/ Spanish Rice
Eat	Beef & Cheese Nachos w/ Cornmeal Roll	Breaded Chicken Filet on Wheat Bun	Chicken Nuggets w/ Wheat Roll	Spicy Breaded Chicken on Wheat Bun	Fresh Made Pizza w/Garlic Bread

High schools have 4 or 5 serving lines. The menu repeats every week. Lunch includes an entrée plus a choice of 3 fruits or vegetables, bread or rice & milk. Sandwich entrees include a choice of 3 fruits or vegetables and milk.

On all serving lines the following meals are also available: Salad To Go plus a choice of 1 Fruit or Vegetable (Salads: Chicken Chef, Chicken BLT or Chicken & Mozzarella) Yogurt To Go: Includes Yogurt, Pretzels, Fresh Fruit plus a choice of 2 Fruits or Vegetables, Wrap or Sub To Go includes wrap or sub with fresh fruit plus a choice of 2 Fruits & Vegetables (Wrap/Sub: Ham & Cheese or Turkey & Cheese and Spicy Chicken Wrap)

High School Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Pancakes	Sausage & Biscuit	Blueberry Muffins	Cinnamon Roll	Breakfast Pizza
Week 2	French Toast Sticks	Chicken & Biscuit	Top Your Toast	Cinnamon Roll	Breakfast on a Bun

Breakfast Includes two* entrée choices, one fruit choice or juice serving and an 8 oz. milk. Entrees available daily include breakfast tacos, a variety of cereal and toaster pastries. *Cinnamon Roll, Breakfast Pizza & Breakfast on a Bun equal two entrée choices.

Week 1: 8/24, 9/7, 9/21, 10/5, 10/19, 11/2, 11/16, 12/7, 1/4, 1/18, 2/1, 2/15, 3/1, 3/22, 4/5, 4/19, 5/3, 5/17, 5/31

Week 2: 8/31, 9/14, 9/28, 10/12, 10/26, 11/9, 11/30, 12/14, 1/11, 1/25, 2/8, 2/22, 3/8, 3/29, 4/12, 4/26, 5/10, 5/24



NEISD School Nutrition Services Department is now offering online prepayments for your child's cafeteria meal account by accessing <https://www.mylunchmoney.com/>. Information needed to access: Student's Name & ID Number and Birth Date. A fee of \$1.95 is charged for each transaction. High School Students are not permitted to run a negative balance on meal accounts.

Meal Prices	Price
Student Lunch	\$2.00
Student Breakfast	\$0.95
Adult/Guest Lunch	\$3.00
Adult/Guest Breakfast	\$1.50
Student Reduced Breakfast Price	\$0.30
Student Reduced Lunch Price	\$0.40

Returned checks may be recovered electronically along with the state allowed fee

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington D.C. 20250-9410 or call 202/ 720-6382 (voice and TDD). USDA is an equal opportunity provider and employer.

View nutritional values at <http://www.neisd.net/foodserv/HTML/Menu>