

NEISD High School Menu

Menu subject to change

Meal Deal Prices:
 Student Meal \$2.50
 Primo Meal Deal \$3.00
 Build Your Own Lunch Deal \$3.00
 Student Reduced Price \$.40
 Guest/Adult Meal \$3.25
 Primo/BYOL Guest/Adult Meal \$3.75

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Viva Italia!	Italian Sub Sandwich	Chicken Pepperoni Pasta with Garlic Bread	Meatlover's Stromboli with Marinara Sauce	Cheese, Pepperoni, or Specialty Pizza	Meatball Sub Sandwich
Country Kitchen	Chicken Tenders with Homemade Roll	Boneless Buffalo or BBQ Chicken Bites with Cornbread	Chicken Nuggets and Dipping Sauce with Homemade Roll	Steak Fingers with Homemade Roll	Chili Pie
Olé	Street Tacos	Beef, Chicken or Bean Chalupa Grande with Cornbread	Cheese Enchiladas with Chili and Spanish Rice	Crispy Beef or Chicken Tacos and Spanish Rice	Beef & Cheese Nachos or Cheese Nachos
FAV'S	Chicken Tenders with Homemade Roll	Boneless Buffalo or BBQ Chicken Bites with Cornbread	Chicken Nuggets and Dipping Sauce with Homemade Roll	Steak Fingers with Homemade Roll	Beef & Cheese Nachos or Cheese Nachos
The Grill	Hamburger Cheeseburger Breaded Chicken Sandwich Grilled Chicken w/Cheese Stuffed Crust Pepperoni Pizza Corn Dog Bean & Cheese Burrito Breaded Chicken Wrap Turkey & Cheese Croissant Hummus Combo Yogurt Combo Farm Fresh Salads	Hamburger Cheeseburger Spicy Chicken Sandwich Fish Filet Sandwich Black Bean Cheeseburger Stuffed Crust Pepperoni Pizza Beef & Bean Burrito Spicy Chicken Wrap Chicken Salad Croissant Hummus Combo Yogurt Combo Farm Fresh Salads	Hamburger Cheeseburger Breaded Chicken Sandwich Grilled Chicken w/Cheese Chicken Tamale Bean & Cheese Burrito Pizza Sticks w/Marinara Sauce Chicken Salad Wrap Ham & Cheese Croissant Hummus Combo Yogurt Combo Farm Fresh Salads	Hamburger Cheeseburger Spicy Breaded Sandwich Corndog Beef & Bean Burrito Stuffed Crust Pepperoni Pizza Black Bean Cheeseburger Spicy Chicken Wrap Turkey & Cheese Croissant Hummus Combo Yogurt Combo Farm Fresh Salads	Hamburger Cheeseburger Breaded Chicken Sandwich Fish Filet Sandwich Chicken Tamale Grilled Chicken w/Cheese Pizza Sticks w/Marinara Sauce Breaded Chicken Wrap Ham & Cheese Croissant Hummus Combo Yogurt Combo Farm Fresh Salads
Build Your Own Lunch	Build Your Own Pasta with Cheese Bread Choose Your Pasta Choose Your Sauce Choose Your Meat Top It Your Way	Build Your Own Salad with Garlic Bread and Croutons Choose Your Greens Choose Your Protein Choose Your Dressing Top It Your Way	Build Your Own Sub Choose Your Bread Choose Your Meat Choose Your Cheese Top It Your Way	Build Your Own Burrito Choose Your Rice Choose Your Beans Choose Your Meat Top It Your Way	Build Your Own Asian with Spring Roll Choose Your Grain Choose Your Sauce w/Crispy Chicken Top It Your Way
Primo	Primo Pepperoni Pizza Primo Cheese Pizza Primo Veggie Pizza	Buffalo Chicken Sandwich Breaded Primo Chicken Sandwich Honey Sriracha Boneless Wings & Garlic Bread Calzone Boneless Wings & Garlic Bread	Primo Pepperoni Pizza Primo Cheese Pizza Primo Veggie Pizza	Buffalo Chicken Sandwich Breaded Primo Chicken Sandwich Boneless Asian Style Wings & Roll Calzone Boneless Wings & Garlic Bread	Primo Pepperoni Pizza Primo Cheese Pizza Primo Veggie Pizza

 **Meatless Entrees:**

Bean & Cheese Burrito
 Bean Burrito Grande
 Bean Chalupa Grande
 Black Bean Cheeseburger
 Cheese Enchiladas
 Cheese Nachos
 Cheese Pizza

Egg & Cheese Salad
 Hummus Combo
 Pasta w/Marinara
 Pizza Sticks
 Veggie Sub
 Yogurt Combo

 **These Items Contain Pork:**

Chicken Pepperoni Pasta
 Ham Sub or Croissant
 Italian Salad
 Italian Sub
 Meat Lovers Stromboli
 Pepperoni Calzone
 Pepperoni Pizza
 Pulled Pork Sub
 Street Tacos

Available Daily at Lunch:
 Chilled & Fresh Fruits
 Hot & Fresh Vegetables
 Variety of Milk

The High School Café offers seven serving lines with a weekly menu. Lunch includes an entrée and grain choice plus a choice of two fruits, two vegetables and milk. Yogurt Combos and Hummus Combo are also offered on all serving lines daily which includes a choice of two fruits and two vegetables and milk. Entree Salads are offered on all serving lines daily which include a choice of two fruits, one vegetable and milk. Lunch includes a choice of skim white, chocolate, strawberry milk. Additional milk choices include low fat white, lactose free white and chocolate low fat soy milk. Students must select a minimum of one fruit or vegetable and two additional items with their lunch.