

Girls' Athletic Period Contract

I understand that choosing to be in the athletic period is my choice and is a privilege to represent Bush MS in this capacity. Since athletics is a privilege, I agree to uphold the highest standards in the classroom as well as during competition and the athletic period itself. I understand that the athletic period focuses on conditioning (both aerobic and muscular) and it will involve at least one day a week on the track as well as twice a week in the weight room (emphasis on correct form and introductory lifting); the remaining two days a week will be dedicated to developing the fundamental skills of the sport in season (volleyball, basketball, track). I understand that placement into this class is by coaches' recommendation (based on attitude, effort, daily preparation, and ability). If I do not uphold these requirements, I can be removed from the athletic period - which will effect my further participation in Bush extracurricular athletic programs.

** Please understand that you are committing to participating in at least 2 of the following sports: volleyball, basketball, and/or track**

Coaches Office: 491-8465 (Coach Weber)

Parent Signature: _____

Student Signature: _____

Date: _____

This form must be turned in to receive a coaches' recommendation